



# Do It All This Fall



FALL enrollment begins Aug. 12.

Look inside now!  
71 new courses »



**Folk Music: History and Hootenanny** 15



**Astronomy for the Curious** 19



**Doodle Bug! Doodling for Creativity and Joy** 26



“ Ultimately, the success and direction of each OLLI program is determined by its members. ”

### A MESSAGE FROM YOUR OLLI PRESIDENT



**CYNDY RYLANT**  
**UNF OLLI PRESIDENT**

*What contribution will you make to ensure UNF OLLI’s sustainability?*

In April, I had the privilege of attending the OLLI National Conference in Carlsbad, California. This gave me the opportunity to talk with and listen to representatives from the other 117 OLLIs across the U.S. Two things really impressed me. First was how different each OLLI is. Second, how alike we all are. Ultimately, the success and direction of each OLLI program is determined by its members.

Our OLLI at UNF is a volunteer-led, volunteer-run organization. As president, I will focus on two issues that are critical to any all-volunteer organization, communication and volunteerism. Leadership will make sustained efforts to listen to and communicate with you, the members. However, communication is, by definition, a two-way process. You must also be willing to listen, read and share your thoughts and ideas.

Each year members select from 350 diverse programs. Each requires an instructor or facilitator, and at least that many volunteers working behind the scenes. The programs we enjoy as members of UNF OLLI are not to be taken for granted. They are not something that is provided to us by an outside entity. They are provided for OLLI members by OLLI members.

We have a terrific OLLI program at UNF. To keep that program we need you, our members. During the coming year we will communicate our needs to you. We need your help to sustain our organization and ensure the quality of programs we currently enjoy.



## OUR VALUED PARTNERS



# FALL TERM KICK-OFF EVENTS

**OLLI AT  
WESTMINSTER  
WOODS**  
(Julington Creek)

**SEPT. 5**

1:30 to 3 p.m.

**Discover OLLI**

Sample an OLLI program and learn about programs at that partner campus.

**OLLI AT  
FLEET LANDING**  
(Atlantic Beach)

**SEPT. 11**

11 a.m. to 12:30 p.m.

**Instructor Showcase**

Meet instructors and learn what they're teaching at that partner campus for the fall term.

**UNIVERSITY OF  
NORTH FLORIDA**  
(Adam W. Herbert  
University Center)

**SEPT. 17**

1:30 to 3 p.m.

**OLLI Expo**

Meet instructors and learn what they like to teach. Enjoy social time with fellow OLLI members and guests.

**OLLI AT  
GLENMOOR**  
(World Golf Village)

**SEPT. 11**

4 to 5:30 p.m.

**An Afternoon of Jazz**

Cash only bar; R.S.V.P. required. Featuring Bill Prince, OLLI instructor. Biography on page 35.



You're invited to become a member of the  
University Club and enjoy:

Free breakfast, Free lunch  
dinner and happy hours in an upscale atmosphere

Business lounge with complimentary coffee and WIFI

Calendar full of monthly events such as Cooking Classes,  
Wine Tastings, Family Dining, 'Cocktails for a Cause' and much more!

Athletics facility with a week of group fitness classes, massage therapy and personal training

Reciprocity in 6 other local clubs such as  
Deercreek and Queen's Harbour with cart fee only golf\*

Membership in 200 clubs across the U.S.

**\$165 per month**

Special Preferred Initiation Fee \$100

Normally \$750 initiation

Contact Shannon in the Club's membership department  
at 904-396-1687 or [Shannon.mcquarry@ourclub.com](mailto:Shannon.mcquarry@ourclub.com)



# UPCOMING COURSES

Classes are organized by weekday, then listed in the following order:



- Calendar date
- Time of day
- Alphabetical by title (if multiple classes start at one time)



Live well.  
Learn forever.



## MONDAY ▼

- 09** **NEW** Full Moon Kayaking  
Sept. 8, 6:30 to 9:30 p.m.
- 09** **NEW** Artistic Explorations:  
Painting the Landscape with Oils  
Sept. 15 – Oct. 20, 1 to 3 p.m.
- 09** **NEW** Arab Israeli Conflict: How It All Began  
Sept. 22 – Oct. 20, 9:30 to 11 a.m.
- 09** Inshore Fishing 101  
Sept. 22, 9:30 to 11 a.m.
- 09** UNF Osprey Swoop Squad Campus Tour  
**ED-venture**   
Monday, Sept. 22, 9:30 to 11:30 a.m.
- 10** **NEW** Applications of Quantum Mechanics  
Sept. 22 – Oct. 13, 11:30 a.m. to 1 p.m.
- 10** **NEW** My Kids Are Grown - Why Worry about  
Public Education?  
Sept. 22 – Nov. 10, 11:30 a.m. to 1 p.m.
- 10** **NEW** Master the Masters: The Adventures with a  
Symphonic Detective  
Dates vary with the Jacksonville Symphony  
Masterworks performances
- 10** **NEW** Wealth Preservation and Growth  
for Retirement  
Sept. 22 – Nov. 3, 1:30 to 3 p.m.
- 11** **NEW** Seasonal Gardening in Florida  
Sept. 29 – Oct. 27, 9:30 to 11 a.m. (No class Oct. 13)
- 11** Successful Life Transitions  
Sept. 29 – Oct. 6, 9:30 to 11 a.m.
- 11** **NEW** Aging in Place with Technology  
Sept. 29 – Oct. 13, 11:30 a.m. to 1 p.m.
- 11** **NEW** Walking the Camino de Santiago  
Sept. 29, 11:30 a.m. to 1 p.m.
- 11** IT IS Going to Rain Today, But WHY?  
Sept. 29 – Oct. 20, 1:30 to 3 p.m.
- 12** **NEW** TED Talks: The Human Species:  
Past, Present and Future  
Sept. 29 – Oct. 27, 1:30 to 3 p.m.
- 12** **NEW** For OLLI Eyes Only: Artists and Art of the  
CoRK Arts District  
**ED-venture**   
Oct. 6, 10 a.m. to noon (excludes lunch)

**12** **NEW** Ben Franklin: A Self Made American  
Oct. 6 – Nov. 3, 11:30 a.m. to 1 p.m.

**12** **NEW** Poetry Workshop  
Oct. 6 – Nov. 10, 1:30 to 3 p.m.

**13** **NEW** Creative Landscape Photography:  
Get More From Your Camera!  
Oct. 13 – Nov. 3, 9:30 to 11 a.m.

**13** **NEW** Medicare 101  
Oct. 13, 9:30 to 11 a.m.

**13** **NEW** The Great Age of Vienna: Haydn,  
Gluck and Mozart  
Oct. 13 – Oct. 27, 10 to 11:30 a.m.

**13** **NEW** Mindfulness: Enhanced Self Understanding  
Oct. 20 – Nov. 24, 9:30 to 11 a.m.

**13** **NEW** Religion in America, Part I:  
The Colonial Background, 1607-1791  
Oct. 20 – Dec. 15, 10 a.m. to noon  
(No class Nov. 17 and Nov. 24)

**13** **NEW** iCaregiver  
Nov. 3 – Nov. 10, 11:30 a.m. to 1:00 p.m.

**14** **NEW** If You Don't Do It, Nobody Will: Organizing  
and Preserving Your Family History  
Nov. 3 – Nov. 17, 11:30 a.m. to 1 p.m.

**15** **NEW** Folk Music: History and Hootenanny  
Sept. 16 – Sept. 30, 1:30 to 3 p.m.

**15** **NEW** Adventures in Travel, Part I  
Sept. 23 – Oct. 7, 11:30 a.m. to 1 p.m.

**15** **NEW** Catch More Fish - An Insider's Guide to  
Our Waters  
Sept. 23 – Oct. 14, 11:30 a.m. to 1 p.m.

**15** **NEW** Flying Flowers and Melodies  
Sept. 23, 9:30 to 11 a.m.  
Field trip: Sept. 23, 11:30 a.m. to 1:30 p.m.

**15** **NEW** Physics of Creation and the Anthropic  
Principles  
Sept. 23 – Oct. 28, 11:30 a.m. to 1 p.m.

**15** **NEW** Glimpses into German History, Literature  
and Culture: The Beginnings  
Sept. 23 – Oct. 28, 1:30 to 3 p.m.

**16** Current Events  
Sept. 30 – Dec. 16, 9:30 to 11:30 a.m.  
(No class Nov. 11)

**16** **NEW** Landscaping Your Yard for the Flying  
Flowers and Melodies: Attracting Butterflies  
and Birds  
Sept. 30 – Oct. 14, 9:30 to 11 a.m.

## TUESDAY ▼

**14** Islam – The Faith, The People and Their Politics  
Sept. 9 – Oct. 28, 10 to 11:30 a.m.



**14** Intermediate Woodcarving  
Sept. 16 – Nov. 4, 9:30 a.m. to noon

**14** **NEW** Beginning Bridge, Part I  
Sept. 16 – Nov. 4, 10 a.m. to noon

**14** **NEW** Beginning Bridge, Part II  
Sept. 16 – Nov. 4, 1 to 3 p.m.

**14** Beginning Woodcarving  
Sept. 16 – Oct. 21, 1:30 to 3 p.m.



- 16** **NEW** The Mystery of Fort Caroline  
**ED-venture**   
 Sept. 30, 10 a.m. to 1 p.m.
- 16** **NEW** Movies: What Do Directors Do?  
 Oct. 7 – Dec. 9, 9:30 to 11 a.m. (No class Nov. 11)
- 16** Tips and Trips with Your Digital Camera  
 Oct. 7 – Oct. 14, 9:30 a.m. to noon
- 16** **NEW** World War II – Home Fronts  
 Oct. 7 – Oct. 28, 9:30 to 11 a.m.
- 16** **NEW** Read Any Good Books Lately?  
 Oct. 7, 10 to 11:30 a.m.
- 17** **NEW** Understanding Our U.S. Health Care System:  
 How It Works and Doesn't  
 Oct. 7 – Oct. 21, 10:30 a.m. to noon
- 17** **NEW** Explore Avondale's Native Park  
**ED-venture**   
 Oct. 7, 11:30 a.m. to 1 p.m.
- 17** **NEW** Keeping Current  
 Oct. 7 – Dec. 9, 1:30 to 3 p.m.  
 (No class Nov. 4 and Nov. 11)
- 17** **NEW** Writing Your Life Story  
 Oct. 14 – Nov. 4, 9:30 to 11 a.m.
- 17** **NEW** The Fragrant Garden in North Florida  
 Oct. 14 – Oct. 28, 11:30 a.m. to 1 p.m.
- 17** What is Jazz?  
 Oct. 14, 11:30 a.m. to 1 p.m.
- 17** **NEW** Adventures in Travel, Part II  
 Oct. 21 – Nov. 4, 11:30 a.m. to 1 p.m.
- 18** Classical Music and All That Jazz  
 Oct. 21, 11:30 a.m. to 1 p.m.
- 18** **NEW** Prescription for Health: Learn What's New  
 in Preventive Medicine  
 Oct. 21 – Oct. 28, 1:30 to 3 p.m.
- 18** **NEW** Citizen Diplomacy: Promoting Peace  
 through Exchange Visits  
 Oct. 28, 9:30 to 11 a.m.

- 18** Musical Failures and Mishaps  
 Oct. 28, 11:30 a.m. to 1 p.m.
- 18** **NEW** OLLI 101: Learn How Your OLLI Works  
 Nov. 18, 11:30 a.m. to 1 p.m.

WEDNESDAY ▼



- 18** **NEW** The 21st Century: Like No Other  
 Sept. 24 – Oct. 29, 11:30 a.m. to 1 p.m.
- 19** **NEW** All the President's Wives  
 Sept. 24 – Oct. 29, 11:30 a.m. to 1 p.m.
- 19** **NEW** The Berlin Blockade, Airlift and America's  
 Candy Bombers  
 Sept. 24 – Oct. 15, 1:30 to 3 p.m.
- 19** **NEW** Astronomy for the Curious  
 Sept. 24 – Oct. 29, 1:30 to 3 p.m.
- 19** **NEW** A Civilization in Crisis  
 Sept. 24 – Nov. 19, 1:30 to 3 p.m.
- 19** **NEW** Writing Your Spiritual Autobiography  
 Sept. 24 – Oct. 15, 1:30 to 3 p.m.
- 20** iPhone and iPad for Beginners  
 Oct. 1 – Oct. 8, 9:30 to 11 a.m.
- 20** The Confucian Worldview: Past, Present  
 and Future  
 Oct. 1 – Oct. 22, 1:30 to 3 p.m.



- 20 Football Strategy  
Oct. 1 – Oct. 29, 1:30 to 3 p.m.
- 20 **NEW** Mysteries Unlimited: International  
Oct. 1, Oct. 15, Oct. 29, Nov. 5 and  
Nov. 12, 1:30 to 3 p.m.
- 20 **NEW** The Kennedy Administration  
Oct. 8 – Nov. 19, 1:30 to 3 p.m. (No class Oct. 15)
- 20 Photo Art: Enhancing Your Photography  
Oct. 8 – Oct. 22, 1:30 to 3 p.m.
- 21 The String Theory – Learn to Knit  
Oct. 8 – Nov. 19, 1:30 to 3:30 p.m.
- 21 **NEW** Can We Talk Politics and Religion?  
Oct. 15 – Nov. 19, 9:30 to 11 a.m.
- 21 Preparing Your Home for Sale:  
A Guide to Home Staging  
Oct. 15 – Oct. 29, 11:30 a.m. to 1 p.m.
- 21 Improve Your Internet Search Skills  
Oct. 22 – Nov. 5, 9:30 to 11 a.m.
- 21 Advanced iPhone and iPad  
Oct. 22 – Oct. 29, 9:30 to 11 a.m.
- 21 **NEW** Lasers in Eye Care: Enhancing Safety,  
Accuracy and Vision  
Oct. 22 – Oct. 29, 9:30 to 11 a.m.
- 21 **NEW** The Future of the Mind  
Nov. 5 – Dec. 3, 1:30 to 3 p.m. (No class Nov. 26)
- 22 **NEW** Icons to Avant-Garde: An Exploration of  
Russian History through Art  
Nov. 12 – Dec. 10, 11:30 a.m. to 1 p.m.
- 22 Managing Chronic Pain  
Nov. 12 – Dec. 10, 4 to 5 p.m. (No class Nov. 26)
- 22 Get to Know Your Samsung Galaxy Phone or Tablet  
Nov. 19 – Nov. 26, 9:30 to 11 a.m.
- 22 Children's Literature for Grandparents  
Nov. 19, 1:30 to 3:30 p.m.

## THURSDAY ▼


- 22 French Conversation I  
Sept. 25 – Dec. 4, 9:30 to 11 a.m.  
(No class Nov. 27)
- 22 My List for Life  
Sept. 25 or Oct. 23, 9:30 to 11 a.m.
- 23 Tai Chi for Beginners  
Sept. 25 – Oct. 30 or Nov. 6 – Dec. 18, 9:30 to  
11 a.m. (No class Nov. 27)
- 23 A View of the Criminal Justice System  
Sept. 25 – Oct. 30, 9:30 to 11 a.m.
- 23 **NEW** Broadway: The American Musical  
Sept. 25 – Oct. 30, 11:30 a.m. to 1 p.m.
- 23 French Conversation II  
Sept. 25 – Dec. 4, 11:30 a.m. to 1 p.m.  
(No class Nov. 27)
- 23 **NEW** A Call to Action: Women, Religion,  
Violence, and Power  
Sept. 25 – Oct. 23, 1:30 to 3 p.m.
- 23 **NEW** Conversational Spanish for Travelers  
Sept. 25 – Oct. 16, 1:30 to 3 p.m.
- 24 French Conversation III  
Sept. 25 – Dec. 4, 1:30 to 3 p.m.  
(No class Nov. 27)
- 24 **NEW** Battle of the North Atlantic  
Oct. 2 – Oct. 30, 11:30 a.m. to 1 p.m.
- 24 **NEW** Acting for Fun with the Vintage Players  
Oct. 2 – Oct. 23, 1:30 to 3 p.m.
- 24 Facial Fitness: Exercises for the Face and Neck  
Oct. 2 – Nov. 6, 1:30 to 3 p.m.
- 24 **NEW** Writing Thrillers: An Author's Perspective  
Oct. 9 – Oct. 16, 9:30 to 11 a.m.
- 24 Amelia Island History and Trolley Tour  
**ED-venture**  
Thursday, Oct. 16, 10 a.m. to noon

- 25 **NEW** Important Economic Issues Facing the U.S. Today  
Oct. 23 – Oct. 30, 9:30 to 11 a.m.
- 25 **NEW** Introduction to the Internet and E-mail  
Oct. 23 – Nov. 13, 9:30 to 11 a.m.
- 25 **NEW** So You Want to Write Fiction  
Oct. 23 – Nov. 6, 9:30 to 11 a.m.
- 25 **NEW** On Freedom's Trail: A Civil Rights History Tour of St. Augustine  
**ED-venture**   
Oct. 23, 10 a.m. to noon (excludes lunch)
- 25 21st Century Zoos and the Jacksonville Zoo and Gardens  
Nov. 6, 9:30 to 11 a.m.  
Field trips: Nov. 13 and Nov. 20
- 25 **NEW** Lift Off: The Kennedy Space Center  
**ED-venture**   
Nov. 6, 10 a.m. to 3 p.m.
- 26 **NEW** Our Beaches: Retired Mountains  
Nov. 13, 10 a.m. to 12:30 p.m.
- 26 **NEW** Quantum Computing  
Nov. 6 – Nov. 13, 11:30 a.m. to 1 p.m.
- 26 **NEW** Doodle Bug! Doodling for Creativity and Joy  
Dec. 4 – Dec. 11, 10 a.m. to noon

FRIDAY ▼

- 26 Special Interest Group: The OLLI Joyful Voices Fridays at 1:30 p.m. in conjunction with performance dates
- 27 **NEW** Label Reading to Navigate the Grocery Store  
Sept. 26, 9:30 to 11 a.m.
- 27 Municipal Bonds: A Foundation of Quality  
Oct. 3, 11:30 a.m. to 1 p.m.
- 27 Special Interest Group: OLLI Book Club  
Second Friday of each month, 1 to 3 p.m.
- 27 Florida Friendly Landscaping  
Oct. 24 – Nov. 7, 9:30 to 11 a.m.

SATURDAY ▼

- 27 **NEW** Nurturing Your Mind, Body and Spirit  
Sept. 13 – Oct. 11, noon to 1:30 p.m.
- 27 **NEW** Historic Walking Tour of Evergreen and Old City Cemeteries  
**ED-venture**   
Oct. 11, 8:30 to 11:30 a.m. (excludes lunch)

OLLI is off to the  
**BIG EASY!**

Join us on a trip to the unforgettable city of mystery and intrigue!

**Learn more on page 28.**





# FALL 2014

Classes take place at the University of North Florida unless otherwise noted.

## MONDAY ▼

### **NEW** FULL MOON KAYAKING

**ED-venture** 

Monday, Sept. 8, 6:30 to 9:30 p.m.

1 session, \$75

Discover the real Florida. Transform your appreciation of our area's natural resources. Learn about marshes and other ecosystems as well as the flora and fauna that inhabit them. Drift through a coastal estuary framed by sand dunes and adorned with beautiful birds, dolphins and manatees. Your imagination will be stirred by the many sights and sounds that occur in the magical time between dusk and dark. Enjoy a Dutch treat supper before your ED-venture.

**Required:** Stamina to sit in a kayak for two hours. No experience necessary. Equipment, basic kayaking training, tandem kayak, professional guide and naturalist provided. Wear shoes that can get wet and bathing suit or other appropriate outdoor attire. Bring a towel and a change of clothes.

**Coordinator:** Diane Dyal, p. 31

### **NEW** ARTISTIC EXPLORATIONS: PAINTING THE LANDSCAPE WITH OILS

Sept. 15 – Oct. 20, 1 to 3 p.m.

6 sessions, \$50

**Location:** Fleet Landing

Unleash your inner artist. Improve your design, color mixing and brush techniques whether you are a beginner or an intermediate painter. Accomplish the creation of at least one painting based on a photograph you have taken.

**Instructor:** Jan Bialka, p. 30

### **NEW** ARAB ISRAELI CONFLICT: HOW IT ALL BEGAN

Sept. 22 – Oct. 20, 9:30 to 11 a.m.

5 sessions, \$35

Stretch your knowledge from the Jewish diaspora to the establishment of the State of Israel on May 15, 1948. Increase your understanding of the significance of the Balfour Declaration, the Sykes-Picot Agreement, the birth of the Zionist Movement and the British Empire White Paper Policies. Learn how each played a part in the establishment of the State of Israel.

**Recommended:** Classroom participation and discussion

**Instructor:** Stewart Angell, p. 29

### **INSHORE FISHING 101**

Sept. 22, 9:30 to 11 a.m.

1 session, \$10

North Florida is one of the best inshore fisheries in the world! Learn how to get started or hone your skills as an inshore fisher. From targeted species, to rod and reel selection, line, knot tying, lures, tackle and techniques discover how to catch more fish!

**Instructor:** Rory Gregg, p. 32

### **UNF OSPREY SWOOP SQUAD CAMPUS TOUR**

**ED-venture** 

Monday, Sept. 22, 9:30 to 11:30 a.m.

1 session, \$10 (fee includes campus parking pass)

Discover what CNN anchor Wolf Blitzer called "the prettiest campus I've ever been on!" If you are interested in learning more about OLLI's host institution, this tour is for you! After boarding a bus at UNF's Visitor Center, you will get an overview of the campus and campus life. Join us to learn about the university's history and its future plans. Following our tour, we will visit the new Student Union to enjoy a Dutch-treat lunch and bookstore shopping excursion.

**Coordinator:** Billie J. Hayward, p. 32



MONDAY ▼ Continued

**NEW APPLICATIONS OF QUANTUM MECHANICS**

Sept. 22 – Oct. 13, 11:30 a.m. to 1 p.m.  
4 sessions, \$30

Discover phenomena explained by quantum mechanics from nuclear fission and nuclear fusion to super fluids and semi-conductors, fluorescence, lasers and MRI scanners.

**Recommended:** "Amazing Story of Quantum Mechanics" by James Kakalios

**Instructor:** Alan Gleit, p. 31

**NEW MY KIDS ARE GROWN – WHY WORRY ABOUT PUBLIC EDUCATION?**

Sept. 22 – Nov. 10, 11:30 a.m. to 1 p.m.  
8 sessions, \$50

Stretch your understanding of the current state of public education. Grasp differences between contemporary education, children, teachers and educational policy, and our personal experiences, as well as from historical perspectives. Gain a new and more comprehensive understanding of schooling and education in our contemporary society.

**Instructor:** Charles Watson, p. 37

**NEW WEALTH PRESERVATION AND GROWTH FOR RETIREMENT**

Sept. 22 – Nov. 3, 1:30 to 3 p.m.  
7 sessions, \$45

Increase your success in investing. Learn the basics of budgeting and avoiding bad investment traps. Stretch your knowledge of simple cost effective investing strategies to preserve your resources and grow them to protect your portfolio from the effects of inflation.

**Recommended:** Free course materials at [www.life401.com](http://www.life401.com)

**Instructor:** Bob Black, p. 30

**NEW MASTER THE MASTERS: THE ADVENTURES WITH A SYMPHONIC DETECTIVE**

A collaboration with Beaches Residents Actively Supporting the Symphony (BRASS) and the Jacksonville Symphony Orchestra (JSym) Dates vary with the Jacksonville Symphony Masterworks performances below.

4 sessions (lecture only), \$30

4 sessions (lecture and concert ticket), \$95

Maximize your enjoyment of the Jacksonville Symphony Orchestra's 2014-15 season, with classes explaining each concert in its Masterworks series. On the Monday prior to weekend's concert performance, analyze each symphony and its composer. Learn about musical and performance elements, time and place relevant to the music and the composer, as well as the people and the politics surrounding the composer and his music. Cameo appearances by symphony musicians and singers combine to bring the music alive in an engaging, interactive format.

Monday, September 22: "Berlioz's Symphonie Fantastique"

Monday, October 20: "Violin Virtuosity"

Monday, November 10: "Mozart Requiem"

Monday, January 5, 2015: "Beethoven's 'Emperor'"

**Instructor:** Lynne Radcliffe, p. 35



Enroll in OLLI courses online at [www.unfolli.com](http://www.unfolli.com) or call (904) 620-4200.



**FREE  
Special  
Events p.3**



**NEW SEASONAL GARDENING IN FLORIDA**

Sept. 29 – Oct. 27, 9:30 to 11 a.m. (No class Oct. 13)  
4 sessions, \$30

Learn gardening techniques for all four seasons. Discover what, where, when and how to plant in both flower and vegetable gardens.

**Instructor:** Mary Longanbach, p. 33

**SUCCESSFUL LIFE TRANSITIONS**

Sept. 29 – Oct. 6, 9:30 to 11 a.m.  
2 sessions, \$20

Explore practical steps to tackle your transition to retirement and master other late-in-life events such as divorce, loss of a spouse and long-term care needs. Discussion will focus on specific measures you can take in advance to understand and ease the impact, including accessing available resources. Using lecture, open discussion and case study, this class examines the financial, legal and public benefit resources available to help those in transition.

**Instructor:** Bill Laird, p. 33

**NEW AGING IN PLACE WITH TECHNOLOGY**

Sept. 29 – Oct. 13, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

By 2020, technology will dramatically change our concept of aging lifestyles. Maximize your understanding of digital technologies, assistive technologies and smart environments that will enable our well-being and independence. Learn through visual presentation and lively discussion ways to take care of ourselves and others as we age in place with technology.

**Instructor:** Julie Giuliani, p. 31

**Enroll in OLLI courses online at  
[www.unfolli.com](http://www.unfolli.com) or call (904) 620-4200.**

**NEW WALKING THE CAMINO DE SANTIAGO**

Sept. 29, 11:30 a.m. to 1 p.m.  
1 session, \$10

Learn the history of “The Way of St. James,” a pilgrimage trail dating to the ninth century in the Christian Era. Discover how this unique travel adventure may advance progress in the religious, cultural, health or self-reflection spheres of your life. Enjoy images of some of the most dramatic and breathtaking scenery in Spain. Hear highlights of a hiking odyssey that traversed the Pyrenees Mountains to Pamplona and Burgos and to Santiago de Compostela, now a UNESCO World Heritage Site.

**Instructor:** David DePhillips, p. 31

**IT IS GOING TO RAIN TODAY, BUT WHY?**

Sept. 29 – Oct. 20, 1:30 to 3 p.m.  
4 sessions, \$30

Learn the physics behind the basic weather we experience. Discover the causes of seasons, winds, precipitation, fronts and much more. A synopsis of meteorology and computer animations demonstrate and explain the processes. Questions and discussion encouraged to make it an enjoyable learning experience.

**Instructor:** Bob Schiffner, p. 36

**MONDAY ▼ Continued**

**NEW TED TALKS: THE HUMAN SPECIES: PAST, PRESENT AND FUTURE**

Sept. 29 – Oct. 27, 1:30 to 3 p.m.  
5 sessions, \$35

Stimulate your curiosity about where humans have been and what the future holds for humanity. Enrich your understanding of evolution, the brain, genetics, industrialization, cities, the environment and what the future might have in store for humanity. Technology, Entertainment, Design (TED) is a worldwide clearinghouse that offers free knowledge and inspiration from some of the world's most interesting and stimulating thought leaders. Join a community of curious members for lively group discussions following each TED Talk.

**Instructor:** Charlie Cold, p. 30

**NEW FOR OLLI EYES ONLY: ARTISTS AND ART OF THE CORK ARTS DISTRICT**

**ED-venture** 

Oct. 6, 10 a.m. to noon (excludes lunch)  
1 session, \$15

Transform your knowledge of Jacksonville's vibrant art scene by visiting its first arts district. Explore selected artists in 80,000 square feet of studios, galleries, creative community event and performance spaces. Visual artists working there range from the classical to the radical and work in a wide range of media. This is an exclusive one-time OLLI opportunity to visit art studios not generally open to the public. CoRK is the brainchild of Mac Easton, a local developer and artist Dolf James. It opened three years ago at the corner of Roselle and King Streets in Riverside. Enjoy a Dutch treat lunch after the tour.

**Required:** Comfortable shoes suitable for walking and climbing stairs in a warehouse environment. Photography is prohibited. Transportation is on your own.

**Coordinator:** Billie Hayward, p. 32

**NEW BEN FRANKLIN: A SELF MADE AMERICAN**

Oct. 6 – Nov. 3, 11:30 a.m. to 1 p.m.  
5 sessions, \$35

Intensify your knowledge of Benjamin Franklin by examining his formative years. Learn the effects of the religious ferment of the time on his contributions to and practice of religion and moral improvement. Discover his scientific inquisitiveness, his politics and his diplomatic efforts. Examine his volunteer efforts and his beliefs about the power of citizens to make important contributions to society. Trace the development of his American rather than Colonial or English outlook. Mr. Franklin will make a personal appearance at one of the classes.

**Required:** "The Autobiography of Benjamin Franklin," widely available in print or in e-reader format

**Instructor:** Joe O'Shields, p. 34

**NEW POETRY WORKSHOP**

Oct. 6 – Nov. 10, 1:30 to 3 p.m.  
6 sessions, \$40

Are you a poet looking for an advanced writing experience? Are you preparing your poetry for publication? If so, this workshop is for you. Helpful critiques and suggestions offered by a supportive, cooperative and respectful community of poetry lovers will inspire new poems, as well as successful rewriting of those already written.

**Facilitators:** Sharon Scholl, p. 36 and Carolee Ackerson Bertisch, p. 29

Enroll in OLLI courses online at [www.unfolli.com](http://www.unfolli.com) or call (904) 620-4200.



Live well.  
Learn  
forever.



**NEW CREATIVE LANDSCAPE PHOTOGRAPHY: GET MORE FROM YOUR CAMERA!**

Oct. 13 – Nov. 3, 9:30 to 11 a.m.  
4 sessions, \$30

Unleash your camera's power. Learn to take better landscape photographs regardless of lighting conditions. Explore composition and exposure techniques through classroom practice. Experiment with hands on experience on a field trip to a local venue. Achieve greater understanding of successful techniques by sharing your photographs in a friendly, helpful environment.

**Instructor:** Gary Whiting, p. 38

**NEW MEDICARE 101**

Oct. 13, 9:30 to 11 a.m.  
1 session, \$10

Increase your knowledge of Medicare basics, including its history and what the alphabet of its parts (A, B, C and D) mean. Examine the costs associated with original Medicare. Understand the annual election or enrollment period. Discover useful resources to gain confidence in making decisions for yourself or a loved one.

**Instructor:** Rory Gregg, p. 32

**NEW THE GREAT AGE OF VIENNA: HAYDN, GLUCK AND MOZART**

Oct. 13 – Oct. 27, 10 to 11:30 a.m.  
3 sessions, \$25

**Location:** Fleet Landing

Discover Vienna's history and culture through an exploration of its music, as well as the lives and careers of the outstanding composers who lived there. Enrich your music appreciation through lecture, discussion and listening with an expert.

**Instructor:** Merrill Jay Palmer, p. 34

**NEW MINDFULNESS: ENHANCED SELF UNDERSTANDING**

Oct. 20 – Nov. 24, 9:30 to 11 a.m.  
6 sessions, \$40

Maximize your understanding of mindfulness, its benefits and applications through a combination of lectures, discussion and classroom exercises.

**Recommended:** Out-of-class assignments to enhance the development of your mindfulness

**Instructor:** Martha Bennett, p. 29

**NEW RELIGION IN AMERICA, PART I: THE COLONIAL BACKGROUND, 1607-1791**

Oct. 20 – Dec. 15, 10 a.m. to noon  
(No class Nov. 17 and Nov. 24)  
6 sessions, \$50

Transform your understanding of religion, one of the most pervasive but least understood, if not misunderstood, forces in our country's history. This course examines the complex role religion, initially traditional Christianity, has played from the Pilgrims' landing in 1620 to the Great Awakening of the 18th century. Examine the rise of a Puritan party in the Church of England, the Puritans' migration to New England, and their life, faith and ultimate troubles there. Explore Christianity's arrival in the colonies in other forms: Anglicans, Quakers, Presbyterians, Baptists and others. We will examine not only their ecclesiastical, political and intellectual aspects but also the experiences of ordinary people. Grasp the central role of Christianity as a political ideology during the American Revolution, the faith of the founding fathers, the circumstances surrounding adoption of the First Amendment and the adjustments to a new political freedom that resulted in a uniquely American Christianity.

**Instructor:** Martin Connor, p. 31

**NEW iCAREGIVER**

Nov. 3 – Nov. 10, 11:30 a.m. to 1:00 p.m.  
2 sessions, \$20

Are you responsible for the care of an aging parent or loved one? Caregiving can be a daunting task as well as an opportunity for personal growth. Improve your knowledge of the technological resources available to improve your quality of life and that of your loved ones. Explore assistive technologies, telemedicine, supportive systems and other assets that support successful aging.

**Instructor:** Julie Giuliani, p. 31

**OLLI FACT:**

More than 400 OLLI volunteers are needed every term for the program to succeed. Volunteering is fun and easy!



**NEW** IF YOU DON'T DO IT, NOBODY WILL:  
ORGANIZING AND PRESERVING YOUR FAMILY HISTORY

Nov. 3 – Nov. 17, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

You cherish your family letters, photographs and historical documents, but lack the motivation to take them out of the old shoeboxes and organize them. Ignite your desire to start. Learn to create family history books and parallel family history online using Family Tree Maker software. Demonstration and hands-on techniques will maximize your success in preserving your history for future generations.

**Recommended:** Family Tree Maker Software

**Instructor:** Judi Frazier, p. 31

TUESDAY ▼

**ISLAM – THE FAITH, THE PEOPLE AND THEIR POLITICS**

Sept. 9 – Oct. 28, 10 to 11:30 a.m.  
8 sessions, \$50

Transform your knowledge of the Islamic world. Improve your understanding of Islam's beginnings in Mecca, fundamental beliefs, diverse population and widespread influence. Examine current events in the Islamic world through a text, films and custom designed course website.

**Instructor:** Parvez Ahmed, p. 29

**INTERMEDIATE WOODCARVING**

Sept. 16 – Nov. 4, 9:30 a.m. to noon  
8 sessions, \$75

Intermediate and advanced woodcarvers will find a challenging opportunity in this class. We'll begin with refresher safety instructions, a knife sharpening review and project selection. You'll generally work alone, but the master carver instructor will be available to assist in all phases of project selection, design, carving, finishing and display. This class includes a detailed description of carving knives for anyone wishing to add new knives. Work at your own pace, completing at least one project before the end of the class.

**Required:** Carving gloves and knives, a UNF waiver is required before any student can carve.

**Instructor:** Glenn Ross, p. 35

**NEW** BEGINNING BRIDGE, PART I

Sept. 16 – Nov. 4, 10 a.m. to noon  
8 sessions, \$65

Improve your bridge skills. Focus on play of the hand. Learn to make a plan, promote winners, finesse and trump losers.

**Instructor:** John Reeve, p. 35

**NEW** BEGINNING BRIDGE, PART II

Sept. 16 – Nov. 4, 1 to 3 p.m.  
8 sessions, \$65

Transform your bridge skills. Focus on defense. Discover transfer bids.

**Instructor:** John Reeve, p. 35

**BEGINNING WOODCARVING**

Sept. 16 – Oct. 21, 1:30 to 3 p.m.  
6 sessions, \$40

Learn safe carving habits, woodworking, finishing techniques and knife sharpening skills. Woodcarving students are offered a choice of several projects, from beginner to intermediate. All students work at their own pace, completing at least one project before the end of the six-week class. No carving gloves or knives are provided, and the beginner student should expect to spend approximately \$75 for tools, a carving glove, knife and gouge. After this initial expenditure, the wood required for each class project should cost less than \$10. Although carving knives and wood can be found on the Internet, the instructor recommends waiting until after the first class before buying tools or supplies. If you have knives and a glove, we ask you to bring them to the first class for a safety inspection. All students are required to sign a UNF waiver before they carve.

**Instructor:** Glenn Ross, p. 35



**VOLUNTEER** ▼

**BE A MEMBER HOST**

Welcome fellow OLLI members to class.

**COMMITMENT:**

30 minutes prior to a class you take



Learn How  
Your OLLI  
works p. 18



**NEW FOLK MUSIC: HISTORY AND HOOTENANNY**

Sept. 16 – Sept. 30, 1:30 to 3 p.m.  
3 sessions, \$25

Transform your appreciation for music and musicians that defined the American folk revival of the 1950s and 1960s through this highly interactive class. You will listen to great folk recordings, share memories of the era and discuss the legacies. Folkies are welcome to bring their guitars, banjos, harmonicas or other instruments to celebrate the music. Who knows? If the spirit moves us, we might sing some of the classics.

**Instructor:** Dan Kossoff, p. 33

**NEW ADVENTURES IN TRAVEL, PART I**

Sept. 23 – Oct. 7, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

Inspire your travels by learning about unique opportunities from intergenerational travel and affinity travel to adventure travel. Learn unique options for family reunions, travel with grandchildren, singles or others who share your interests, and travel to seasonal and off-the-beaten track destinations.

**Instructor:** Bill McCombes, p. 34

**NEW CATCH MORE FISH - AN INSIDER'S GUIDE TO OUR WATERS**

Sept. 23 – Oct. 14, 11:30 a.m. to 1 p.m.  
4 sessions, \$30

Captain Buzzard will share his experience and knowledge and will discuss subjects such as how, when and where to fish. Improve your understanding of best practices and safety, the influence of the tides and weather, fishing techniques, and tying knots. Learn what kind of equipment to buy and where to buy it. Increase your knowledge through hands-on experiences handling all types of equipment.

**Instructor:** Buzz Williams, p. 38

**NEW FLYING FLOWERS AND MELODIES**

Sept. 23, 9:30 to 11 a.m.  
Field trip: Sept. 23, 11:30 a.m. to 1:30 p.m.  
1 session, \$20

Boost your knowledge of butterflies and birds that visit our region. Learn to select the vines, flowers, shrubs and trees that will attract pollinators to your yards.

**Instructor:** Bill Berthet, p. 29

**NEW PHYSICS OF CREATION AND THE ANTHROPIC PRINCIPLES**

Sept. 23 – Oct. 28, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

Ignite your curiosity about how the physics of the early universe gives rise to unresolved anthropic principles and other unsettled issues.

**Recommended:** "Cosmic Landscape" and "Black Hole Wars" by Leonard Susskind, "Fine Tuning Fallacy" by V. J. Stenger and \$7.00 to instructor for class notes

**Instructor:** Bill Jones, p. 33

**NEW GLIMPSES INTO GERMAN HISTORY, LITERATURE AND CULTURE: THE BEGINNINGS**

Sept. 23 – Oct. 28, 1:30 to 3 p.m.  
6 sessions, \$40

Transform your knowledge of German history and culture. Learn about aspects of German heritage from the 8th to the 12th centuries. Explore the politics and the feudal concept of service. Discover Charlemagne's private life and the extraordinary achievements of Hildegard von Binge, 11th century oblate, mystic, composer and abbess. Revel in the early troubadour songs and great love stories including "Tristan and Isolde."

**Instructor:** Margret Sander, p. 36

## TUESDAY ▼ Continued

## CURRENT EVENTS

Sept. 30 – Dec. 16, 9:30 to 11:30 a.m. (No class Nov. 11)  
11 sessions, \$85

In this lively course, students discuss topics of interest drawn from readings and other media of the day. Each week, students bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

**Facilitator:** Howard Hodor, p. 32

**NEW** LANDSCAPING YOUR YARD FOR THE FLYING  
FLOWERS AND MELODIES:  
ATTRACTING BUTTERFLIES AND BIRDS

Sept. 30 – Oct. 14, 9:30 to 11 a.m.  
3 sessions, \$25

Increase your yard's potential as a magical place that attracts native wildlife. Landscaping is the key to preserving Florida's natural wealth of biodiversity. Learn how to restore the environments that support butterflies, birds and other native creatures.

**Recommended:** "Native Plant Landscaping for Florida Wildlife" by Craig. N. Huegel

**Instructors:** Bill Berthet, p. 29, Jake Ingram, p. 32 and Sally Steinauer, p. 36

**NEW** THE MYSTERY OF FORT CAROLINE

**ED-venture**  Sept. 30, 10 a.m. to 1 p.m.  
1 session, \$20

Discover the secrets of the doomed French outpost established 450 years ago. Explore a replica of the fort and a museum display about the history of the French settlement. Learn the current controversy about the fort's original location from a UNF archaeologist currently working in the field. Enjoy breathtaking views of the St. Johns River, followed by an optional hike.

**Required:** Mobility to navigate uneven wooded terrain with exposed roots. Visitor Center and Ribault Monument are accessible. National Park Service will provide a golf cart for those requiring assistance. Don your walking shoes and bring a bag lunch, hat, sunscreen and bug spray. Transportation is on your own.

**Coordinators:** Diane Dyal, p. 31 and Linda Ward, p. 37

**NEW** MOVIES: WHAT DO DIRECTORS DO?

Oct. 7 – Dec. 9, 9:30 to 11 a.m. (No class Nov. 11)  
9 sessions, \$55

Discover the impact of well-known and less-well-known film directors working in the past century. Scenes from specific films, historical information and documentation explore the ideas and techniques that reveal how directors' choices create compelling visual stories.

**Instructor:** Ken McMillan, p. 34

**TIPS AND TRIPS WITH YOUR DIGITAL CAMERA**

Oct. 7 – Oct. 14, 9:30 a.m. to noon  
2 sessions, \$30

New digital camera owners will get in-depth tutelage on how to use the camera's controls, the importance of memory cards, e-mailing, printing and general camera usage. Learn tips for safe and fun use of your camera while traveling. This class is intended for beginners and anyone who needs an update on digital camera use.

**Instructor:** Jay Sherline, p. 36

**NEW** WORLD WAR II – HOME FRONTS

Oct. 7 – Oct. 28, 9:30 to 11 a.m.  
4 sessions, \$30

Discover what happened at home while the men were away fighting in a bloody conflict. In both Europe and the Pacific, the lines between combatants and noncombatants were erased as practically everyone was involved whether or not they fought. Civilian casualties were 10 to 20 times more frequent than military casualties were. Explore why World War II was considered Total War. Discussion is greatly encouraged.

**Instructor:** Wayne Heckrotte, p. 32

**NEW** READ ANY GOOD BOOKS LATELY?

Oct. 7, 10 to 11:30 a.m.  
1 session, \$10

**Location:** Fleet Landing

Gather with a nationally-respected bookstore professional to learn how to make a good book club selection or decide what to read. Don't miss this rare opportunity to learn from a renowned independent bookseller.

**Instructor:** Rona Brinlee, p. 30





Learn How  
Your OLLI  
works p. 18



**NEW UNDERSTANDING OUR U.S. HEALTH CARE SYSTEM: HOW IT WORKS AND DOESN'T**

Oct. 7 – Oct. 21, 10:30 a.m. to noon  
3 sessions, \$25

**Location:** Glenmoor (World Golf Village)

Learn the components of our health care system and why costs are so high. Discover options to better manage the costs and assure high quality care.

**Instructor:** Ken Tannenbaum, p. 37

**NEW EXPLORE AVONDALE'S NATIVE PARK**

**ED-venture** Oct. 7, 11:30 a.m. to 1 p.m.

1 session, \$15

Stretch your knowledge and understanding of the native plants that could adorn your yard. The Avondale Garden Circle established Jacksonville's Native Park in 1923 for the study of Florida plant life. In that era, few gardeners knew the benefits of planting natives rather than exotics. The Ixia chapter of the Florida Native Plant Society adopted the park in 2010. Since then, plant inventory increased from 27 to 100. Plants are marked with both common and botanical names. Enjoy a Dutch treat lunch in the neighborhood after the tour.

**Recommended:** A camera, comfortable shoes, sunscreen, a hat and water

**Coordinators:** Jake Ingram, p. 32 and Sally Steinauer, p. 36

**NEW KEEPING CURRENT**

Oct. 7 – Dec. 9, 1:30 to 3 p.m.  
(No class Nov. 4 and Nov. 11)  
8 sessions, \$50

In today's world of information overload, it is hard to find information you can trust about controversial subjects. Students will choose topics to explore each week, using a wide variety of sources, including suggested readings. These are filtered through diverse perspectives and vigorously discussed in class sessions. Consensus is not always possible, but everybody will have some laughs and emerge better informed.

**Instructor:** Samuel Hart, p. 32

**NEW WRITING YOUR LIFE STORY**

Oct. 14 – Nov. 4, 9:30 to 11 a.m.  
4 sessions, \$30

Get in touch with your personal history and begin writing about it in this is an intimate, interactive class. Share your story with others to receive input and feedback. Develop new direction, focus and resolve in writing your story.

**Instructor:** Susan D. Brandenburg, p. 30

**NEW THE FRAGRANT GARDEN IN NORTH FLORIDA**

Oct. 14 – Oct. 28, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

Transform your home garden by learning how to introduce fragrant plants, especially roses, to your plot.

**Instructor:** Gene Waering, p. 37

**WHAT IS JAZZ?**

Oct. 14, 11:30 a.m. to 1 p.m.  
1 session, \$10

Have you heard jazz and wondered what the musicians were really playing? Louis Armstrong once said, "If you have to ask what it is, you'll never know." Explore the question and endeavor to answer it. Discover jazz, its history, components and the development of the jazz repertoire. Jazz improvisation will be explained with, when possible, performance.

**Instructor:** Bill Prince, p. 35

**NEW ADVENTURES IN TRAVEL, PART II**

Oct. 21 – Nov. 4, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

Maximize your travel options to intriguing places including Asia. Hear from experts and share your experiences. Discover resources and tips to design interesting and memorable lifelong learning experiences through travel.

**Instructor:** Bill McCombes, p. 34

## TUESDAY ▼ Continued

**CLASSICAL MUSIC AND ALL THAT JAZZ**

Oct. 21, 11:30 a.m. to 1 p.m.

1 session, \$10

Classical music is essentially European, while jazz is essentially American. Classical music has a 700-year development while jazz has only a 110-year development. Consider the important names you know from classical music and the majority come from Europe. The same holds true of jazz performers and the U.S. Yet, these diverse musicians, who seem to operate in completely dissimilar styles and backgrounds, have much in common. Explore the two styles of music and discover their similarities and differences.

**Instructor:** Bill Prince, p. 35**NEW PRESCRIPTION FOR HEALTH: LEARN WHAT'S NEW IN PREVENTIVE MEDICINE**

Oct. 21 – Oct. 28, 1:30 to 3 p.m.

2 sessions, \$20

Become an informed consumer of medical services. Learn about state-of-the-art screening tests for cancer, cardiovascular disease and other gender-specific health issues. Examine the indications, limitations and interpretations of these tests for older adults. Discuss current recommendations for immunizations, supplements and vitamins and how you can be more effective in communicating with your doctor. Class participation will be encouraged with ample time for questions and answers.

**Instructor:** Edward Sachs, p. 36**NEW CITIZEN DIPLOMACY: PROMOTING PEACE THROUGH EXCHANGE VISITS**

Oct. 28, 9:30 to 11 a.m.

1 session, \$10

Boost global understanding and reduce cultural and political tensions through people-to-people contact. GlobalJax, a local nonprofit and a local affiliate of Friendship Force, offer a wide range of fun opportunities to meet people in our global community. Learn about community participation, the benefits of hosting visitors and the joys of foreign home stays in fascinating locales. Hear an OLLI member's and an OLLI instructor's personal stories.

**Instructors:** Sondie Frus, p. 31 and Samuel Hart, p. 32FREE FOR  
OLLI MEMBERS:**NEW OLLI 101: LEARN HOW YOUR OLLI WORKS**

Nov. 18, 11:30 a.m. to 1 p.m.

1 session, free member benefit

Are you a new OLLI member wondering what OLLI is all about? Have you been a member for a while and would like to know more? If so, OLLI 101 is for you. Learn the history of our UNF OLLI, its mission, its structure, organization and operations. Meet your leaders. Get your questions answered. Add dimension to your membership by going behind the scenes.

**Facilitator:** Cynthia Rylant, p. 35**MUSICAL FAILURES AND MISHAPS**

Oct. 28, 11:30 a.m. to 1 p.m.

1 session, \$10

Most musicians wear many hats to be successful in the music business. They may perform, teach, compose, arrange, produce, entertain and publish. Your instructor has worn all of these hats with varying degrees of success and failure. This course focuses on vicissitudes of marketing music for films, attempting to develop a new musical style, timing hit recordings, making accidental hit recordings and other interesting issues in the music business.

**Instructor:** Bill Prince, p. 35

## WEDNESDAY ▼

**NEW THE 21ST CENTURY: LIKE NO OTHER**

Sept. 24 – Oct. 29, 11:30 a.m. to 1 p.m.

6 sessions, \$40

This century will be like no other. Humankind will build the future with new materials, in new places and by different means for an advanced society with extraordinary communications capabilities. But there will be wars. Anticipate what the future may hold.

**Recommended:** Instructor-suggested media resources will form the basis of presentations and discussions**Instructor:** Jay Marshall, p. 34

## **NEW** ALL THE PRESIDENT'S WIVES

Sept. 24 – Oct. 29, 11:30 a.m. to 1 p.m.  
6 sessions, \$40

Intensify your understanding of the influence of presidential wives and their impacts on 20th century administrations and policies. Learn how presidential husband and wife partnerships from First Lady Edith Wilson to Michelle Obama exemplify the changing roles of women in America.

**Recommended:** "Hidden Power: Presidential Marriages That Shaped Our Recent History" by Kati Marton

**Required:** Internet skills and a love of stimulating conversation

**Facilitator:** Lee Marshall, p. 34

## **NEW** THE BERLIN BLOCKADE, AIRLIFT AND AMERICA'S CANDY BOMBERS

Sept. 24 – Oct. 15, 1:30 to 3 p.m.  
4 sessions, \$30

Intensify your knowledge of the aeronautical challenges faced by an unprepared alliance and their military forces suffering from the effects of post-war force reductions. Learn how Berlin suffered from inadequate wartime planning for peace. Discover how the Allies transformed themselves from a haphazard, uncoordinated, ineffective force to an inspired, inspiring and appreciated power that gave Berliners hope at the onset of the Cold War.

**Recommended:** "Daring Young Men" by Richard Reeve, "The Candy Bombers" by Andri Cherny and "To Save a City: The Berlin Airlift"

**Instructor:** Kenneth Bording, p. 30

## **NEW** ASTRONOMY FOR THE CURIOUS

Sept. 24 – Oct. 29, 1:30 to 3 p.m.  
6 sessions, \$40

Boost your knowledge of astronomy. Enjoy learning about the sky with a knowledgeable amateur guide. Explore the differences between the shallow sky and the deep sky. Bring your notebook and your curiosity.

**Recommended:** Instructor-supplied web-based content and recommendations for useful resources and viewing aids.

**Instructor:** Roger Curry, p. 31

## **NEW** A CIVILIZATION IN CRISIS

Sept. 24 – Nov. 19, 1:30 to 3 p.m.  
9 sessions, \$55

Mobilize your ideas on where America as a civilization is headed in this highly interactive course. Is American civilization in decline? Has our nation entered into a dangerous phase of its historical development? The fortunes of empires rise and fall as they undergo stages and changes. Explore whether the U.S. is on a trajectory similar to the Roman Empire. Discussion will focus on four points of comparison: the triumph of religion over reason, the breakdown of education and critical thinking, the legalization of torture, and the marginalization of the U.S. on the world stage. Has our nation's star dimmed as those of other nations are brightening?

**Recommended:** "Dark Ages America: The Final Phase of Empire" by Morris Berman and other selected readings available via the Internet and class handouts

**Instructor:** Bill Howes, p. 32

## **NEW** WRITING YOUR SPIRITUAL AUTOBIOGRAPHY

Sept. 24 – Oct. 15, 1:30 to 3 p.m.  
4 sessions, \$30

Writing a spiritual autobiography connects those moments of grace in your own life. A spiritual autobiography is the story of significant events, people and places that have influenced your relationship with God. It is different from autobiography and memoir in that it is not a linear chronology of your life story. C.S. Lewis, one of the 20th century's most popular spiritual autobiographers wrote in his book "Surprised By Joy" that others responded to his story by saying, "What! Have you felt that too? I thought I was the only one."

By reading others' stories – through exercises like drawing timelines, looking at photos and writing – the thread running through your life will begin to appear. You do not have to be a good writer to tell your story. Sharing in class or with the instructor is optional.

**Recommended:** Come as you are with your favorite writing instrument.

**Required:** In preparation for the first meeting, please read a spiritual autobiography of your choice or one from this short list: "Surprised By Joy," C.S. Lewis, "The Snow Leopard," Peter Matthiessen or "West with the Night," Beryl Markham.

**Instructor:** Charlene Vincent, p. 37

## WEDNESDAY ▼ Continued

**IPHONE AND IPAD FOR BEGINNERS**

Oct. 1 – Oct. 8, 9:30 to 11 a.m.  
2 sessions, \$20

Are you a first-time user? Learn the basics of your iPhone or iPad. Manage your contact list, send text messages, download music and apps, take photos, manage e-mail and keep your data safe via iCloud.

**Instructor:** John Brown, p. 30

**THE CONFUCIAN WORLDVIEW:  
PAST, PRESENT AND FUTURE**

Oct. 1 – Oct. 22, 1:30 to 3 p.m.  
4 sessions, \$30

Stretch your knowledge of Confucius and his times and the influence of Confucianism in Asia. Consider the possibilities and challenges for Confucianism in the future. Learn about the impact of the Confucian worldview upon society, economics, politics and culture in the contemporary world. Assigned readings from the Internet and class handouts are provided and student participation in class discussion is encouraged.

**Instructor:** Carol Chou Adams (Chou Fang-Lan) and Daniel Adams, p. 29

**FOOTBALL STRATEGY**

Oct. 1 – Oct. 29, 1:30 to 3 p.m.  
5 sessions, \$35

Avid football fans will get the real story from a retired NFL and CFL coach with firsthand knowledge of the inner workings of the game. Learn insights from the coaching perspective into the strategies behind the game. An overall discussion of coaching philosophy, organizations and management styles is followed by detailed descriptions of the three major teams: offense, defense and special. When discussing offense, Coach Pasquale covers terminology, cadence, formations, personnel and use of films/tape. On defense he explains the terminology, position groups, use of personnel, types of defenses and film/tape usage. Special teams includes a discussion of the strong convictions of team members, coordination with the head coach, personnel placement, evolution of staff and the use of film/tape. Pasquale also describes general team issues such as off-season training, scouting, the draft, trainers, facilities, travel arrangements and salary cap management. Students gain a full understanding of the game of football. Hike!

**Instructor:** Larry Pasquale, p. 35

**NEW MYSTERIES UNLIMITED: INTERNATIONAL**

Oct. 1, Oct. 15, Oct. 29, Nov. 5  
and Nov. 12, 1:30 to 3 p.m.  
5 sessions, \$35

Embark on new adventures in reading contemporary international crime fiction. Start in Ukraine with Andrey Kurkov's "Death and the Penguin." Move to sample interesting mysteries set in other countries. Enrich your knowledge of their local histories, cultures, politics and economics. Authors usually come from the areas they write about. A reading list and study guide will be provided. Libraries have limited quantities, so books may need to be purchased or borrowed from friends. The schedule allows time for reading.

**Required:** Knowledge of following links to Internet sites and downloading e-mail attachments. Tutorials are available from the OLLI office upon request.

**Instructor:** June Weltman, p. 38

**NEW THE KENNEDY ADMINISTRATION**

Oct. 8 – Nov. 19, 1:30 to 3 p.m. (No class Oct. 15)  
6 sessions, \$40

**Location:** Fleet Landing

John F. Kennedy's presidency, often referred to as Camelot, was cut short by an assassin's bullet. Improve your knowledge of the man and his presidency. Intensify your understanding of the Cuban missile crisis, the then burgeoning civil rights movement and Vietnam. You will discuss whether America's trajectory might have been different if Kennedy hadn't traveled to Dallas and, if so, how and why.

**Instructor:** Thomas Schmidt, p. 36

**PHOTO ART: ENHANCING YOUR PHOTOGRAPHY**

Oct. 8 – Oct. 22, 1:30 to 3 p.m.  
3 sessions, \$25

Transform your ordinary photographs into extraordinary art. Learn techniques and tips using a variety of free, Internet-based software tools. Convert your photos into wall art, books, cards and more.

**Required:** Flash drive.

**Instructor:** Melinda Bradshaw, p. 30

## THE STRING THEORY – LEARN TO KNIT

Oct. 8 – Nov. 19, 1:30 to 3:30 p.m.  
7 sessions, \$60

Learn to knit or improve your knitting skills! This course is perfect for both beginning and advanced knitters. Come knit one and purl two with your OLLI friends.

**Required:** Practice for 30 minutes a day outside of class. Materials list will be supplied by the instructor.

**Instructor:** Sandy Ernstsen, p. 31

## **NEW** CAN WE TALK POLITICS AND RELIGION?

Oct. 15 – Nov. 19, 9:30 to 11 a.m.  
6 sessions, \$40

Explore the origins of our divisions and ways to promote mutual understanding. We are all in this together. Let's work it out in this reading and discussion class.

**Required:** "The Righteous Mind: Why Good People Are Divided by Politics and Religion" by Jonathan Haidt

**Instructor:** Ralph Sawyer, p. 36

## PREPARING YOUR HOME FOR SALE: A GUIDE TO HOME STAGING

Oct. 15 – Oct. 29, 11:30 a.m. to 1 p.m.  
3 sessions, \$25

The real estate market has changed dramatically in the past several years. Learn how home staging affects your sale price, equity and home marketability. This course will answer all your questions about the process, cost, hows and whys of getting your home ready to sell. Real life examples will be used. Student questions and participation in discussion are encouraged.

**Instructor:** Melissa Marro, p. 34

## IMPROVE YOUR INTERNET SEARCH SKILLS

Oct. 22 – Nov. 5, 9:30 to 11 a.m.  
3 sessions, \$25

Learn the basics of the Internet and develop your search skills. Through presentation, demonstration and practice, learn how popular search engines work, tips to find what you want more quickly and easily, additional online searching options and where to turn for more help.

**Instructor:** Stephanie Weiss, p. 37

## ADVANCED IPHONE AND IPAD

Oct. 22 – Oct. 29, 9:30 to 11 a.m.  
2 sessions, \$20

Calling all intermediate and experienced iPad and iPhone users! Manage your music and photos using iTunes. Download and use Apple apps including: iBooks, podcasts, Find my iPhone, Find my Friends and more. Integrate your Apple device with social media including Facebook and Twitter.

**Instructor:** John Brown, p. 30

## **NEW** LASERS IN EYE CARE: ENHANCING SAFETY, ACCURACY AND VISION

Oct. 22 – Oct. 29, 9:30 to 11 a.m.  
2 sessions, \$20

Deepen your knowledge of eye and vision care. Learn how the field has been redefined through the use of lasers. From cataracts to glaucoma, macular degeneration, diabetes and so much more, lasers now represent the standard of care. Learn more about lasers — in understandable terms — and how they are used in eye care.

**Instructor:** Lou Catania, p. 30

## **NEW** THE FUTURE OF THE MIND

Nov. 5 – Dec. 3, 1:30 to 3 p.m. (No class Nov. 26)  
4 sessions, \$30

Explore the state of current brain research and the National Institute of Health's billion-dollar study. Anticipate the outcomes of this research for the next two decades. Examine the definitions of consciousness and opportunities to enhance all our senses. Is it possible to enhance memory by connecting the brain to a computer?

**Required:** "The Future of the Mind: The Scientific Quest to Understand, Enhance and Empower the Mind" by Michio Kaku

**Instructor:** Tom Collins, p. 30



## VOLUNTEER ▼

### HOST AN ED-venture

Assist the coordinator by welcoming fellow OLLI students.

**COMMITMENT:** 30 minutes prior to an ED-venture you take

## WEDNESDAY ▼ Continued

**NEW** **ICONS TO AVANT-GARDE: AN EXPLORATION OF RUSSIAN HISTORY THROUGH ART**

Nov. 12 – Dec. 10, 11:30 a.m. to 1 p.m.  
5 sessions, \$35

Examine Russian history and culture from pre-Christian to the 1970s through a visual study of its art and architecture. Discover some of the works of its most famous painters including Vassily Kandinsky and Marc Chagall and the unique role of the visual arts in Russian culture.

**Recommended:** Instructor's optional reading and video lists

**Instructor:** Diana Huston, p. 32

**MANAGING CHRONIC PAIN**

Nov. 12 – Dec. 10, 4 to 5 p.m. (No class Nov. 26)  
4 sessions, \$25

Discover how to manage chronic pain through the use of Myofascial Release Treatment (MFR), a non-invasive pain management technique. Learn will learn about conditions that would benefit from this type of treatment such as back, neck and jaw (TMJ) pain, sciatica, headaches, whiplash, fibromyalgia, adhesions, carpal tunnel syndrome, frozen shoulder and osteoarthritis among others. You will gain an understanding of the fascial system in our body and appropriate stretching techniques to manage pain.

**Required:** Participants will be expected to review information about Myofascial Release therapy at [www.myofascialrelease.com](http://www.myofascialrelease.com).

**Instructor:** Darly Thoppil, p. 37

**GET TO KNOW YOUR SAMSUNG GALAXY PHONE OR TABLET**

Nov. 19 – Nov. 26, 9:30 to 11 a.m.  
2 sessions, \$20

Discover functions and features you never realized you had on your tablet. Primary focus on Samsung Galaxy tablet owners, though phone users may find benefit. Move over Apple and Microsoft – Samsung competes for market share!

**Instructor:** John Brown, p. 30

**CHILDREN'S LITERATURE FOR GRANDPARENTS**

Nov. 19, 1:30 to 3:30 p.m.  
1 session, \$15

Improve the literacy skills of a young person in your life, whether a toddler or a teenager. Explore strategies for improving literacy skills through various book recommendations appropriate for every reading level. Ensure a child's reading success by helping them to develop key vocabulary skills. Reading to children and talking about the words and ideas in the books is a fun way to accomplish it. Share your own life experiences as they exemplify fact and fiction.

**Instructor:** Janet Willner Myers, p. 34

## THURSDAY ▼

**FRENCH CONVERSATION I**

Sept. 25 – Dec. 4, 9:30 to 11 a.m. (No class Nov. 27)  
10 sessions, \$60

Are you a beginner with a basic knowledge of French grammar but little experience in the areas of conversation and oral comprehension? This course is for you! Using simple readings, poetry and songs, you will gain an understanding of everyday, widely-used vocabulary and acquire pronunciation skills.

**Required:** "Communication Progressive du Français, Niveau débutant," by Claire Miquel

**Instructor:** Mireille "Mimi" Smith Threlkel, p. 37

**MY LIST FOR LIFE**

Sept. 25 or Oct. 23, 9:30 to 11 a.m.  
Each: 1 session, \$10

Assemble critical information now and be prepared in the event of a loss or an emergency. When completed, the list helps make sure that when life throws a curve ball, the right people get called, the right documents are easily located, the bills get paid on time and everyone has your vital information and wishes. My List for Life is an invaluable guide and resource for personal planning and budgeting.

**Recommended:** "My List for Life" workbook is available for purchase after the session.

**Instructor:** Ed Waller, p. 37

## TAI CHI FOR BEGINNERS

Sept. 25 – Oct. 30 or Nov. 6 – Dec. 18, 9:30 to 11 a.m.  
(No class Nov. 27)

Each: 6 sessions, \$40

Learn basic Tai Chi principles and move slowly and gently against resistance. Tai Chi breathing method will be incorporated with these movements to improve balance, posture and muscle tone. Expand your OLLI experience through class participation. Practice at home is encouraged.

**Instructor:** Gary Hickenbottom, p. 32

## A VIEW OF THE CRIMINAL JUSTICE SYSTEM

Sept. 25 – Oct. 30, 9:30 to 11 a.m.

6 sessions, \$40

Learn about criminal trials through the personal experiences and stories of a former Chicago police officer, criminal attorney and judge. Special emphasis is placed on the Constitution and its impact on every aspect from detention and arrest, right to speedy trial and adequate defense, rules of evidence, trial by jury and much more.

**Instructor:** William O'Malley, p. 34

## **NEW** BROADWAY: THE AMERICAN MUSICAL

Sept. 25 – Oct. 30, 11:30 a.m. to 1 p.m.

6 sessions, \$40

Transform your knowledge of this uniquely American art form. Listen, sing, enjoy and discuss well and lesser-known works. You may be treated to a live, in-class performance.

**Recommended:** "Broadway: The American Musical" by Michael Kantor and Laurence Maslow

**Instructor:** Richard Dickson, p. 31

## FRENCH CONVERSATION II

Sept. 25 – Dec. 4, 11:30 a.m. to 1 p.m.

(No class Nov. 7) 10 sessions, \$60

Boost your French language skills! Topics of conversation include current events, social encounters, travel, gastronomy and other themes in France and other French-speaking countries. Designed for the advanced beginner with prior experience speaking French through academic courses or travel, this course provides opportunities for you to express your personal experiences.

**Required:** "Communication Progressive du Français, Niveau intermédiaire," by Claire Miquel

**Instructor:** Mireille "Mimi" Smith Threlkel, p. 37

## **NEW** A CALL TO ACTION: WOMEN, RELIGION, VIOLENCE AND POWER

Sept. 25 – Oct. 23, 1:30 to 3 p.m.

5 sessions, \$35

Discover local, state and national agencies and non-profits that work across religious, local, national and international lines to address injustices for women. Raise awareness of those injustices locally as a productive first step in making positive changes on the national and international stages.

**Recommended:** Jimmy Carter's "A Call to Action: Women, Religion, Violence, and Power" will inspire our lively class discussions and debates.

**Instructor:** Shirley Leckie Reed, p. 35

## **NEW** CONVERSATIONAL SPANISH FOR TRAVELERS

Sept. 25 – Oct. 16, 1:30 to 3 p.m.

4 sessions, \$30

Learn basic Spanish vocabulary and sentences that are useful to travelers who visit Spanish-speaking countries. Explore Spanish culture to advance your learning and better understand the language's native speakers.

**Instructor:** Carmen Simich-Dudgeon, p. 36



## THURSDAY ▼ Continued

**FRENCH CONVERSATION III**

Sept. 25 – Dec. 4, 1:30 to 3 p.m. (No class Nov. 27)  
10 sessions, \$60

Advance your French language skills through discussion and critical study of two short novels drawn from classic and modern French literature. This course is designed for students with intermediate or advanced knowledge of French language through prior experience in college level courses or extended travel in a French-speaking country.

**Required:** “Trois Nouvelles de Georges Simenon,” edited by Frank W. Lindsay and Anthony M. Nazzaro

**Instructor:** Mireille “Mimi” Smith Threlkel, p. 37

**NEW BATTLE OF THE NORTH ATLANTIC**

Oct. 2 – Oct. 30, 11:30 a.m. to 1 p.m.  
5 sessions, \$35

Learn how Hitler’s submarines threatened to starve Britain into submission between 1939 and 1942. Churchill recalled that U-boat attacks were “the only thing that ever really frightened me during the war.” As the longest continuous military campaign in WW II, the battle resulted in the loss of more than 50 thousand men and 15 million tons of shipping. Stretch your knowledge of the Allies’ battle against the dreaded German wolfpacks.

**Required:** “The Battle Of The Atlantic: The Allies’ Submarine Fight Against Hitler’s Gray Wolves Of The Sea” by Andrew Williams

**Instructor:** Fred Skinner, p. 36

**NEW ACTING FOR FUN WITH THE VINTAGE PLAYERS**

Oct. 2 – Oct. 23, 1:30 to 3 p.m.  
4 sessions, \$30

Unleash your inner actor. Learn theater basics, stage movements, direction, etiquette and character development. Perform during each class. Those with and without acting experience are welcome.

**Instructor:** Linda Allen, p. 29

**FACIAL FITNESS: EXERCISES FOR THE FACE AND NECK**

Oct. 2 – Nov. 6, 1:30 to 3 p.m.  
6 sessions, \$40

Physical exercises are an important part of keeping our bodies fit. However, many people neglect the muscles in the neck and face. Discover the importance of neck and facial fitness. Various exercises will be demonstrated by the instructor or via DVD, with time for students to practice each exercise. Most exercises take less than one minute to complete. Students will be encouraged to practice at home. Exercising facial muscles can tone and firm the face while stimulating blood flow and circulation, resulting in a healthy, refreshed look: a natural face lift.

**Instructor:** Evelyn Anchondo, p. 29

**NEW WRITING THRILLERS: AN AUTHOR’S PERSPECTIVE**

Oct. 9 – Oct. 16, 9:30 to 11 a.m.  
2 sessions, \$20

Stretch your knowledge of the myriad of components related to writing and publishing thrillers. Grasp what makes a thriller thrilling. Increase your appreciation of literary works in your favorite library or retailer’s fiction section.

**Recommended:** Instructor’s books “Stealth Shadows,” “Just a Few Billion” and “Heist in the Heartland”

**Instructor:** Tom Rockerton, p. 35

**AMELIA ISLAND HISTORY AND TROLLEY TOUR****ED-venture** 

Thursday, Oct. 16, 10 a.m. to 2 p.m.  
1 session, \$30

Explore 4,000 years of the island’s history. Housed in the historic and renovated Nassau County Jail, the Amelia Island Museum of History’s galleries are filled with artifacts and stories that chronicle the heritage of the native Timucua people, Spanish and French explorers, pirates and genteel Victorian-era residents. Following a docent-led tour of the museum, enjoy a Dutch-treat lunch at Brett’s Waterfront Café. Then hop on a trolley for a tour of historic Fernandina Beach, Old Town and other points of interest. The trolley driver will relate interesting stories about the history of the area.

**Recommended:** Sunscreen, water, a hat and foul weather gear. Both tours are physically easy, as you will be seated much of the time.

**Coordinator:** Linda Ward, p. 37



## VOLUNTEER ▼

### BE A TEAM MEMBER

Be part of one of OLLI's working groups.

**COMMITMENT:** Varies by assignment



#### **NEW** IMPORTANT ECONOMIC ISSUES FACING THE U.S. TODAY

Oct. 23 – Oct. 30, 9:30 to 11 a.m.  
2 sessions, \$20

Intensify your knowledge of the current state of the economy and its near-term outlook. Enrich your understanding of problems related to budgetary deficits and the growing national debt, including entitlements. Maximize insights into growing income inequality in the U.S. and the potential economic and sociological impacts. Much of our national debt problem results from our byzantine federal tax code. Discuss the tax code and some popular proposed fixes, including, the Fair Tax, a Flat Tax and other code simplifications. Unemployment and underemployment continues to nag at the national psyche. Why has this recovery been so slow (comparatively) and resulted in the limited job numbers? Is there anything to be done?

**Instructor:** Joseph Steinman, p. 36

#### **NEW** INTRODUCTION TO THE INTERNET AND E-MAIL

Oct. 23 – Nov. 13, 9:30 to 11 a.m.  
4 sessions, \$30

Maximize your understanding of Internet concepts, terms and browser features. Learn to connect to the Internet, copy articles and files. Create a personal e-mail protocol, work with e-mail components and compose messages. Attach pictures and files to your e-mail.

**Instructor:** Joe Adir, p. 29

#### **NEW** SO YOU WANT TO WRITE FICTION

Oct. 23 – Nov. 6, 9:30 to 11 a.m.  
3 sessions, \$25

Discover how to start a novel. Gather to share your work. Boost your fiction writing skills with the support and encouragement of a published author.

**Instructor:** Janet Kuchler, p. 33

#### **NEW** ON FREEDOM'S TRAIL: A CIVIL RIGHTS HISTORY TOUR OF ST. AUGUSTINE

**ED-venture**

Oct. 23, 10 a.m. to noon (excludes lunch)  
1 session, \$30

Intensify your knowledge of St. Augustine's role in the passage of the Civil Rights Act. Learn impact of the complex dynamics between local and national activists, the National Association for the Advancement of Colored People (NAACP) and the Southern Christian Leadership Council (SCLC) led by Dr. Martin Luther King, Jr. Acclaimed historian David Nolan narrates a trolley tour of the significant people, events and places, including the historically African American neighborhood of Lincolnville. Tour followed by a Dutch treat lunch at La Pentola.

**Required:** Mobility to get on and off the trolley. Casual dress, comfortable shoes and a hat. Cameras welcome. Transportation is on your own.

**Coordinator:** Kathy Marquis, p. 33

#### **21ST CENTURY ZOOS AND THE JACKSONVILLE ZOO AND GARDENS**

Nov. 6, 9:30 to 11 a.m.  
Field trips: Nov. 13 and Nov. 20  
3 sessions, \$25

Improve your knowledge and appreciation of zoos. Learn zoo history, conservation practices and exhibit design.

**Required:** Good mobility and comfortable walking shoes for zoo excursions

**Instructor:** Alan F. Rost, p. 35

#### **NEW** LIFT OFF: THE KENNEDY SPACE CENTER

**ED-venture** Nov. 6, 10 a.m. to 3 p.m.

1 session, \$65

Intensify your knowledge and appreciation of our country's space program. Your exciting day trip includes a NASA bus tour of the launch complex, a stop at the Saturn V building and a visit to the new Shuttle Atlantis building. Enjoy the latest IMAX movie and a Dutch treat lunch at the Orbit Café. Explore more of the campus after your tour.

**Required:** Parking fee \$10 per car. Security screening via metal detector on arrival. Venue is accessible. Casual dress, comfortable shoes and a hat. Cameras welcome. Transportation is on your own.

**Coordinator:** Dennis Navin, p. 34

THURSDAY ▼ Continued

**NEW** OUR BEACHES: RETIRED MOUNTAINS

**ED-venture**  Nov. 13, 10 a.m. to 12:30 p.m.

**Location:** Beaches History Museum  
1 session, \$25

Explore our beaches in a new way. Learn where Mineral City once was, what was mined there and its uses. What is underneath our beach sands? Where does our drinking water come from? What's in Tums that works in your stomach? Following a brief program about the history and geology of our beaches, you will see a display of historic photos, walk on the beach and enjoy a hand's on experience of the sand and its riches. You will enjoy a Dutch treat lunch after the program concludes.

**Required:** A high level of mobility and ability to walk and stand for 90 minutes

**Instructor:** Bill Longenecker, p. 33

**NEW** QUANTUM COMPUTING

Nov. 6 – Nov. 13, 11:30 a.m. to 1 p.m.  
2 sessions, \$20

Increase your knowledge of the changes in computers from classical to parallel processors. This class reviews classical, parallel processor, ILLIACIV and subsequent quantum computing, including that underway at NASA's Ames Research Center and Google's laboratory.

**Recommended:** "The Feynman Processor: Quantum Entanglement and the Computing Revolution" by Gerald J. Milburn and "In Search of Schrödinger's Cat: Quantum Physics and Reality" by John Gribbin

**Instructor:** Bill Jones, p. 33

**NEW** DOODLE BUG! DOODLING FOR CREATIVITY AND JOY

Dec. 4 – Dec. 11, 10 a.m. to noon  
2 sessions, \$25

Unleash your creativity by doodling to problem solve, listen more attentively, release stress and just have fun. Explore how doodling can benefit your life, who doodles and why, and the various doodle styles you can master even if you can't even draw a stick figure. Pens and watercolor paper provided.

**Recommended:** Permanent markers of varying widths and colors, heavy paper, books or poems you'd like to enhance through illustration. Instructor-designed Doodle Kit may be purchased for \$25. It includes three pens, 20 oversized cards for doodle work and a manual.

**Instructor:** Carol O'Dell, p. 34

FRIDAY ▼

**SPECIAL INTEREST GROUP: THE OLLI JOYFUL VOICES**

Fridays at 1:30 p.m. in conjunction with performance dates

Join the OLLI Joyful Voices, UNF OLLI's chorus. We have music readers and non-readers, folks who sing all the time and folks who haven't sung for years. Sing for OLLI events and for occasions in the community where UNF OLLI is represented. Our purpose is to sing well, and to have fun doing it. We have a place for you! Do you toot, whistle, plunk or boom? Fancy digging your neglected flute, oboe, clarinet, recorder, percussion or strings out of the closet? We invite you to accompany us. Let us know what you play and we'll be in touch. The red carpet is waiting.

Contact OLLI director, Jeanette Toohey, at (904) 620-4200 to be referred to Julie Reeve, OLLI Joyful Voices coordinator.

**Choral Director:** Sharon Scholl, p. 36

Enroll in OLLI courses online at [www.unfolli.com](http://www.unfolli.com) or call (904) 620-4200.



**NEW LABEL READING TO NAVIGATE**

**THE GROCERY STORE**

Sept. 26, 9:30 to 11 a.m.

1 session, \$10

Exceed your wellness and nutrition goals by adding nutrient rich, plant-based meals into your life. Learn to read a nutrition facts label. Resist loopholes food manufacturers use to mislead consumers. Grasp the basics of organic and conventional produce. Learn to prepare quick plant-based meals.

**Required:** Materials fee \$5 payable to the instructor

**Instructor:** Heather Borders, p. 30

**MUNICIPAL BONDS: A FOUNDATION OF QUALITY**

Oct. 3, 11:30 a.m. to 1 p.m.

1 session, \$10

Learn how to supplement retirement income, manage portfolios, market exposure and reduce income tax liability. Tax-exempt municipal bonds may be part of a personalized strategy to benefit and enhance a portfolio. Discuss investment features of municipal bonds and the bond market. Explore the federal tax exemption benefits of these securities, credit quality, types of bonds available, strategies for investing and historical yield levels.

**Instructor:** Jerry Seebol, p. 36

**SPECIAL INTEREST GROUP: OLLI BOOK CLUB**

Second Friday of each month, 1 to 3 p.m.

Accelerate your reading pleasure by joining a lively group of avid readers. Select and discuss a variety of genres. Share your perspective and take a turn providing refreshments.

Contact OLLI director, Jeanette Toohey, at (904) 620-4200 to be referred to Joyce Lasch, OLLI Book Club coordinator.

**FLORIDA FRIENDLY LANDSCAPING**

Oct. 24 – Nov. 7, 9:30 to 11 a.m.

3 sessions, \$25

Succeed in creating your Florida-friendly landscape. By implementing nine principles, you can enjoy beauty, low maintenance, variety and desired wildlife visitors. Learn how to plant the right plant at the right place, partner plants with similar needs, the proper fertilization of various plants and efficient watering practices

that protect our waterways and streams. Discover landscaping tips and see examples of Florida-friendly landscape designs. Environmental protection begins in your yard! A properly maintained Florida-friendly yard can help homeowners conserve water and reduce pollution of water resources.

**Instructors:** Mike Zeman and Paula Zeman, p. 38

**SATURDAY ▼**

**NEW NURTURING YOUR MIND, BODY AND SPIRIT**

Sept. 13 – Oct. 11, noon to 1:30 p.m.

5 sessions, \$35

**Location:** Ananda Kula,  
4150 Herschel Ave.  
Jacksonville, Fla. 32210



Achieve your health and wellness goals. Learn the healing properties of herbs and herbal teas and discover a variety of massage techniques to indulge yourself (and a partner). Increase your knowledge of gentle yoga positions and the body's energy centers, the chakras. Conclude with a short guided meditation.

Sept. 13: Course overview and panel discussion

Sept. 20: Herbal tea blending for taste and health

Sept. 27: Herbs for health

Oct. 4: Massage techniques for self and a partner

Oct. 11: Yoga/meditation

**Instructors:** Katie Helow, p. 32, Libby Jennison, p. 33, Tara Rawson, p. 35, and Darcy Webb, p. 37

**NEW HISTORIC WALKING TOUR OF EVERGREEN AND OLD CITY CEMETERIES**

**ED-venture**

Oct. 11, 8:30 to 11:30 a.m. (excludes lunch)

1 session, \$30

Discover Jacksonville's history as it is written on the gravestones of the city's well-known and not-so-well-known citizens. Dramatists, storytellers and guides bring history to life from the great beyond.

**Required:** Stamina to walk and stand for at least an hour at a time. Comfortable, sturdy shoes, sunscreen, a hat, water and foul weather gear. Walking sticks welcome. Transportation is on your own.

**Coordinator:** Mary Beth Koechlin, p. 33

# OLLI is off to the **BIG EASY!**

Dubbed affectionately by some as the northernmost Caribbean city, New Orleans revels in its giddy blend of European refinement and carefree effervescence, a place where virtue and vice are celebrated in equal measure. Surrender to the intoxicating charms of “the Crescent City” that have long fascinated artists, writers, musicians and scholars. Experience live New Orleans jazz, take field trips inside and outside the French Quarter and Garden District, get perspectives on architectural and literary landmarks and enjoy unique culinary adventures.

## Signature City New Orleans:

An Unforgettable City of Mystery and Intrigue  
Sunday Dec. 7 – Friday, Dec. 12

### HIGHLIGHTS:

- On a bus excursion, see Lake Pontchartrain, Bayou St. John, the city’s famed above-ground cemeteries and St. Charles Avenue, including a walk in the Garden District to take in its historic architecture.
- Hear live jazz performances at Fritzel’s and Irvin Mayfield’s jazz clubs.
- Enjoy a cooking demonstration as you dine at the New Orleans School of Cooking.

### ACCOMMODATIONS:

Royal Sonesta Hotel: New Orleans, La., five nights

- Your home for five nights is the elegant Royal Sonesta Hotel, in the heart of the French Quarter, right on Bourbon Street, where you are only steps from the Mississippi River, entertainment, great restaurants, antiques and much more.

### PRICE INCLUDES:

- Five nights of accommodations
- 12 meals: four breakfasts, one brunch, three lunches and four dinners
- Six expert-led lectures
- Four field trips
- Eight performances
- Group travel and transfers throughout the program
- A group leader to accompany you through the program and handle all logistics
- Modest gratuities, taxes and destination fees
- The Road Scholar Emergency and Travel Assistance Plan, including 24-hour assistance for medical and other emergencies

### PROGRAM PRICE:

- Double Occupancy: \$1,347
- Single Occupancy: \$1,797



**LIMITED SPACE  
AVAILABLE!**

View the full trip itinerary online at [www.unfolli.com](http://www.unfolli.com)



**Carol Chou Adams (Chou Fang-Lan)** and **Daniel Adams** are a husband and wife team with extensive teaching experience in the United States and Asia. Rev. Carol Chou Adams and Rev. Daniel Adams spent a combined 37 years in Taiwan and Korea working as educators. They have also served as visiting professors and special lecturers in Myanmar (Burma), Hong Kong, Japan, Thailand, Indonesia and Malaysia. Avid travelers, they have visited 73 countries, where they always sought out centers of religious devotion and places of cultural and archeological interest. Carol is a graduate of Tainan Theological College, Elmhurst College (B.A., L.H.D.), the University of Dubuque Theological Seminary (M.Div.), Presbyterian School of Christian Education (M.A.) and the Southeast Asia Graduate School of Theology (Th.D.). Daniel holds degrees from Seattle Pacific University (B.A.), the University of Dubuque Theological Seminary (M.Div.), Soochow University in Taiwan (M.A.) and Aquinas Institute of Theology (Ph.D.).

**The Confucian Worldview: Past, Present and Future, p. 20**

**Joe Adir** received a doctorate in pharmaceutical sciences in 1972 and served various academic positions at colleges of pharmacy for more than 30 years. He developed and taught numerous courses, was awarded multiple grants to conduct his research and published extensively in peer-reviewed publications. He also served in various administrative positions and retired as a dean. In addition to his professional achievements, he has acquired extensive knowledge in computers and taught many computer courses.

**Introduction to the Internet and E-mail, p. 25**

**Parvez Ahmed** is associate professor of finance in UNF's Coggin College of Business. He studied as a U.S. Fulbright Scholar in Bangladesh. His research has been published in major finance journals. He recently published a book titled, "Mutual Funds - Fifty Years of Research Findings." His editorials about Islam and the American Muslim experience have been published in several leading newspapers across America and the world. He serves on the board of OneJax, (formerly the National Conference on Community and Justice) and Jacksonville's Human Rights Commission.

**Islam - The Faith, The People and Their Politics, p.14**

**Linda Allen** represents The Vintage Players, a group of folks, 50 and over, who organized in 1994. They perform lighthearted skits and monologues for churches, civic organizations and community centers around the First Coast.

**Acting for Fun with the Vintage Players, p. 24**

**Evelyn Anchondo** is originally from El Paso, Texas and retired from federal law enforcement with more than 30 years of service. She was the assistant to the director of volunteer services with an AIDS organization in El Paso and was involved with an AIDS organization in Jacksonville. She has provided one-on-one literacy tutoring in both cities. Evelyn has been interested in healthy living for a long time and enjoys regular exercise to stay and look healthy.

**Facial Fitness - Exercises for the Face and Neck, p. 24**

**Stewart Angell** was in the Marine Corps from 1959 to 1967 and served as a police officer for 24 years, the last 18 as a police chief. He has a bachelor's degree in business and law enforcement with a minor in history, as well as a master's degree in police administration.

**Arab Israeli Conflict: How it all Began, p. 9**

**Martha Bennett** has more than 25 years of experience as a psychotherapist and educator. She is trained to use mindfulness as a therapeutic modality. She is also an open focus brain training coach. Bennett received an M.A. in psychology from the University of West Georgia and is certified as a body-centered psychotherapist by the Hakomi Institute in Boulder, CO.

**Mindfulness: Enhanced Self Understanding, p. 13**

**Bill Berthet** is a retired gemologist and owner of Berthet Jewelers for 30 years. His fascination with butterflies started in boyhood. He is a member of the Ixia Chapter of the Florida Native Plant Society and received the Volunteer Jacksonville Heart of Gold 2008 Nature of Caring Award for designing, funding, planting and maintaining a butterfly garden in Jacksonville's Tillie Fowler Regional Park (formerly Westside Regional Park). He enjoys working in the field to survey rare butterflies in Northeast Florida's conserved lands. His yard at home is his laboratory where he experiments with vines, flowers, shrubs and trees to learn which pollinators he can attract. He travels to China, India and South America to photograph flora and fauna, including butterflies.

**Flying Flowers and Melodies, p. 15**

**Landscaping Your Yard for the Flying Flowers and Melodies: Attracting Butterflies and Birds, p. 16**

**Carolee Ackerson Bertisch** has published two books of poetry and prose. Her work recently appeared in an anthology and in several online zines. Her poem, "Common Ground," won first prize in the North Florida Writer's Festival. Bertisch leads two book discussion groups and participates in "A Gathering of Poets," a group that meets regularly to critique poems and perform poets' theaters for local arts organizations. As poetry chair for the Florida Heritage Book Festival, she has organized, taught and promoted poetry sessions each year for the past six years, including speakers and teachers of poetry, as well as a poetry and art contest for high school students.

**Poetry Workshop, p. 12**

**Jan Bialka** is an award-winning self-taught artist with many years of painting experience. She has studied with internationally recognized painters and enjoys painting landscapes.

**Artistic Explorations: Painting the Landscape with Oils, p. 9**

**Robert Black** was a captain in the U.S. Air Force, a corporate executive and an entrepreneur. He has a B.S. in chemistry and also holds M.S., E.E. and P.E. degrees and an M.B.A. in finance from the University of Akron. He is an honorary member of the Financial Management Association. While he is neither a broker nor a financial adviser, he has been investing more than 50 years and manages his own portfolio.

**Wealth Preservation and Growth for Retirement, p. 10**

**Heather Borders** was selected to be the Food for Life (FFL) cooking and nutrition instructor for the Jacksonville, Fla., area by the Physicians Committee for Responsible Medicine (PCRM, [www.pcrm.org](http://www.pcrm.org)). Her passionate belief in the healing power of food began after an experiment to see if her and her husband's cholesterol would drop with by eating a whole-foods, plant-based diet. When the cholesterol numbers plummeted and the energy increased, there was no turning back. She enthusiastically spreads the word that through education and nutrition some chronic diseases are largely preventable in spite of bad genes. Borders became an FFL instructor to help people improve their quality of life through the positive impact of plant-based nutrition.

**Label Reading to Navigate the Grocery Store, p. 27**

**Kenneth Bording** is a retired military aviator with 34 years of flight experience and more than 7000 flight hours in combat. He was an instructor pilot and aviation classroom instructor, an instrument flight evaluator and an aviation safety officer. Bording served as a subject matter expert in the design, testing and development of U.S. Army's innovative Aviation Combined Arms Tactical Trainer (AVCATT) Simulation System that remains in use today to train aviators preparing for combat assignments. Bording served as a Federal Aviation Administration (FAA) air traffic controller for eight years. He has a B.S. in aeronautical science as well as a B.A. in business administration and an M.B.A. in aviation.

**The Berlin Blockade, Airlift, and America's Candy Bombers, p. 19**

**Melinda Bradshaw** is a graduate of The School of Visual Arts at Florida State University. She retired after a 25-year career as a graphic designer and photographer, working mostly for hospital-based public relations and marketing and the local newspapers. This year Bradshaw's work was featured in a solo exhibition titled "Iconic Palms" at Neptune Beach's First Street Gallery. Recently, her work was selected for several exhibitions including the 2006 National Juried Exhibition in Memphis, Tenn., "Through Our Eyes" at Cummer Museum of Art & Gardens and Ponte Vedra Cultural Center's First Annual Members Only juried exhibition. Works in public collections and commissions include Fleet Landing in Atlantic Beach, Leon Medical Center in Miami, Everbank in Jacksonville and Atlantic Beach City Hall Commission Chambers.

**Photo Art: Enhancing Your Photography, p. 20**

**Susan D. Brandenburg** is a professional biographer who enjoys the great privilege of writing the life stories of extraordinary people. A journalist for more than 30 years, she is now working on her 17th book. She has her own publishing company, Susan the Scribe Inc. in Ponte Vedra Beach, Fla. Her website is [www.susanthescribe.vpweb.com](http://www.susanthescribe.vpweb.com).

**Writing Your Life Story, p. 17**

**Rona Brinlee** is the owner of The BookMark, an independent bookstore in Neptune Beach. Since 1995, she has developed a national reputation for hosting major authors and recommending books on NPR. Rona received her Ph.D. in anthropology from Columbia University and moved to Jacksonville in 1980 to start the anthropology program at UNF.

**Read Any Good Books Lately? p. 16**

**John Brown** has more than 40 years of information technology experience. He has worked in every aspect of IT, including operator, programming, database management, desktop support, server support, network support and managing the staff that carries out these duties. For five years, John has trained IT professionals in PC repair, Microsoft services and computer security.

**Advanced iPhone and iPad, p. 21**

**Get to Know Your Samsung Galaxy Phone or Tablet, p. 22**  
**iPhone and iPad for Beginners, p. 20**

**Louis "Lou" Catania** is an internationally acclaimed clinical educator and author. Catania has written 11 textbooks and more than 125 journal articles. He practiced clinical eye care for more than 42 years in private practice and academic medical centers. Lou currently serves as senior consultant at Nicolitz Eye Consultants, a multi-specialty ophthalmology group in Jacksonville. Additionally, he serves as consultant and adviser to J&J Vision Care and Marco Ophthalmic, Inc. He holds academic rank and is a visiting faculty member at numerous optometry and medical schools at U.S. and international universities.

**Lasers in Eye Care: Enhancing Safety, Accuracy and Vision, p. 21**

**Charlie Cold** is a native Floridian who grew up in Miami. His professional career focused on banking operations and technology. He holds degrees in finance from the University of Florida and history from the University of North Florida. Charlie enjoys learning and landscaping.

**TED Talks: The Human Species: Past, Present and Future, p. 12**

**Tom Collins** holds a B.S. and an M.S. in physics from the University of Georgia and a Ph.D. in physics from the University of Florida. He also holds an M.S. in political science from George Washington University. He is a graduate of the National War College and a Fellow of the American Physical Society. Tom retired in 2006 following a distinguished career in research and academia.

**The Future of the Mind, p. 21**

**Martin Connor** has undergraduate and graduate degrees in philosophy from Georgetown University. He taught for three years in an undergraduate humanities program at Georgetown and was a dissertation away from a doctorate from Fordham University when he left academia for law school. Martin practiced law as a business litigator with a predecessor to the present Cincinnati firm of Frost, Brown & Todd. He moved to General Electric, first as associate general counsel responsible for its industrial businesses, then as counsel to the CEO and finally as Washington counsel. He retired early from GE to chair a Washington-based public affairs firm and an affiliated public relations firm. At the same time, he was a professorial lecturer in business ethics at Georgetown's McDonough School of Business, a fellow of the University's Woodstock Center (a think tank) and chair of its International Trade Institute. Since retiring to Jacksonville, he has served on and chaired the Dean's Council of UNF's College of Arts and Sciences, been a founder and first president of OLLI, for which he has taught more than 30 courses, and is currently chair and CEO of the Jacksonville Symphony.

**Religion in America, Part I: The Colonial Background, 1607-1791, p. 13**

**Roger Curry** is a past president and active member of the Northeast Florida Astronomical Society. He has participated in many observing events at home and abroad. He loves to share the sky with others.

**Astronomy for the Curious, p. 19**

**David DePhillips** owned three startup real estate and telecom companies, spent 30 years building businesses and assisting qualified individuals to establish franchises. He has more than 15 years' experience consulting with more than 120 small business franchisees. DePhillips is active in his area of expertise through S.C.O.R.E, geteverwise.com and Hightable.com. He mentors others through the Florida Institute for Commercialization of Public Research. In addition, DePhillips is an accomplished media producer and marathon runner. He completed the Camino de Santiago in August 2013. DePhillips has a bachelor's degree in communications.

**Walking the Camino de Santiago, p. 11**

**Richard Dickson** is currently executive director for Northeast Florida Conservatory and director of the Community Band, Orchestra and Jazz Band. Richard has taught band at Wolfson and Paxon high schools and at Jacksonville University, Florida Community College Jacksonville and the University of Florida. He directed the Gainesville Community Band and Civic Chorus and Orchestra. Richard owned and operated a national music personnel service and also directed and produced his own dinner theatre. For 12 years, he was executive director for Amelia Arts Academy, a community school of the arts on Amelia Island and directed Amelia Island Chorale, the New Horizons Band and the String Ensemble. He was also organist and music director Amelia Plantation Chapel and has served churches in Jacksonville and Gainesville. Richard holds music education degrees from Stetson University and University of Florida.

**Broadway: The American Musical, p. 23**

**Diane Dyal** is a Jacksonville native who enjoys learning about the history of our area and sharing what she has learned with others in our community. In 2001, Diane was fortunate to be involved in the formation of Untamed Adventures, an outdoor adventure group for women. She volunteers with UNF OLLI to encourage members to learn more about the wonderful paradise called Florida. Prior to retiring, Diane worked in management for more than 30 years with Frank Griffin Motors.

**ED-venture: Full Moon Kayaking, p. 9**

**ED-venture: The Mystery of Fort Caroline, p. 16**

**Sandy Ernstsen** is passionate about creating objects that are both beautiful and useful. She learned to knit the same year she earned her B.A. in design from California State University, Los Angeles. For yarn money, Sandy worked as a graphic designer in the advertising industry.

**The String Theory - Learn to Knit, p. 21**

**Judi Frazier** enjoyed a 30-year career in dental hygiene and retail management before retiring in 2012. She has enjoyed genealogy as a hobby for 20 years and developed easy organization systems to help preserve the inherited family treasures. Frazier's eager to share her passion and methods to aid you in preserving your family's interesting history.

**If You Don't Do It, Nobody Will: Organizing and Preserving Your Family History Options, p. 14**

**Sondie Frus** is former director and current board chair of GlobalJax. She has been active in high-level citizen exchanges since 2001. Frus has greeted more than 2000 international guests to the United States to learn key lessons in democracy from citizen diplomats in Jacksonville and throughout the country. Her personal travel has also been enriched through these exchanges.

**Citizen Diplomacy: Promoting Peace Through Exchange Visits, p. 18**

**Julie Giuliani** is a retired educator and administrator. Her research has focused on caregiving and the use of technology. She is a presenter at caregiving conferences and the Elder Attorney Bar Association.

**Aging in Place with Technology, p. 11**

**iCaregiver, p. 13**

**Alan Gleit** received his Ph.D. from Stanford in mathematics with a minor in physics. He was a professor for many years in various departments, including mathematics and statistics at multiple universities. Following his career as a tenured professor, he started a second career in risk management working for several large financial institutions.

**Applications of Quantum Mechanics, p. 10**

**Rory Gregg** is passionate about working in the health care industry as a licensed agent for Humana and thrives daily on serving his members to the fullest. He is a Medicare expert and holds national and state licensing for health, life and annuities. Gregg is also a tournament angler and fishing guide with more than 30 years of local inshore fishing knowledge and experience. Additionally, he is a writer for two regional outdoor publications, a seminar host and appears on national television broadcasts.

Inshore Fishing 101, p. 9

Medicare 101, p. 13

**Samuel Hart** has experience as a soldier, diplomat and teacher. He holds degrees from the University of Mississippi, the Fletcher School of Law and Diplomacy and Vanderbilt University. He also attended the John F. Kennedy School of Government at Harvard. His military experience includes duty as a paratrooper and general's aide. For 27 years, he was a diplomat with the U.S. Department of State, serving overseas in Latin America, Southeast Asia and the Middle East. From 1982 through 1985, he served as U.S. ambassador to Ecuador. Since retirement from State, Sam has been a business consultant and lecturer on American foreign policy at numerous colleges and universities and for 15 years on cruise ships. Hart is active in the World Affairs Council and other volunteer organizations.

Keeping Current, p. 17

Citizen Diplomacy: Promoting Peace Through Exchange Visits, p. 18

**Billie Hayward** became a full time community volunteer after a career as psychiatric clinical nurse specialist. She contributes her time and talents to the arts and UNF OLLI.

UNF Osprey Swoop Squad Campus Tour, p. 9

For OLLI Eyes Only: Artists and Art of the CoRK Arts District, p. 12

**Wayne Heckrotte** worked in the computer field for more than 41 years, but for as long as he can remember he has been a history buff. He had the usual high school history courses and one college course on the subject, but he has been a prolific reader of all things historical. He acquired his knowledge of history the easy way. He loves it! He enjoys visiting historical sites and history museums.

World War II - Home Fronts, p. 16

**Katie Helow** is a licensed, certified massage therapist trained in Swedish, Indian and Thai massage, as well as Chinese reflexology. Her practice is inspired by an interest in healing approaches that offer alternatives to western medicine and therapies. Helow believes that the body has amazing potential to heal itself and massage promotes natural healing processes.

Nurturing Your Mind, Body and Spirit, p. 27

**Gary Hickenbottom** is certified as an instructor for Tai Chi for Arthritis and was an assistant tai chi instructor at the Jim Fortuna Senior Center. As a strong advocate of this ancient form of exercise, he believes that the regular practice of tai chi reduces stress and creates a sense of calm and confidence. Gary has been an OLLI member since 2010 and enjoys taking classes, especially those that focus on brain training and creativity.

Tai Chi for Beginners, p. 23

**Howard Hodor** retired after 35 years' experience in commercial and residential real estate development. He served as founding chairman of Gainesville's Council for Economic Outreach and received the governor's appointment to the Southern Growth Policy Board and Florida Council of 100. Howard served as administrative committee chairman of the board that founded Enterprise Florida. At the request of the governor, he assumed the responsibilities of president and CEO of that organization for 18 months.

Current Events, p. 16

**Bill Howes** holds a B.A. and M.A. in the teaching of history and social sciences and an Ed. D. in educational leadership. He is a retired educator who has also served as a principal and a superintendent of schools in Michigan, Wisconsin and Florida. He taught college classes at St. Norbert College and the University of Wisconsin-Fox Valley. He has an ardent interest in the study of history. This is his eighth year teaching in UNF's OLLI program.

A Civilization in Crisis, p. 19

**Diana Huston** is a retired private school European history teacher from New York City and was volunteer art history teacher for 10 years in Stowe, Vt. She has a B.A. with a major in Russian and Chinese history and a minor in art history from McGill University. Her goal is to illustrate the history of a period or a country through its art.

Icons To Avant-Garde: An Exploration of Russian History Through Art, p. 22

**Jake Ingram** is a retired landscape architect who moved back to his hometown of Jacksonville seven years ago, after being away for 35 years. From 1998 until 2005 Jake was the staff landscape architect for the St. Joe Company's projects in Walton County where only native plants were used in all landscaping. Since retiring, he's been involved in several pro bono projects in the Riverside/Avondale area and maintaining his own native landscaped yard and productive food plot. Jake has been a member of the Florida Native Plant Society for 12 years.

Landscaping Your Yard for the Flying Flowers and Melodies: Attracting Butterflies and Birds, p. 16

ED-venture: Explore Avondale's Native Park, p. 17



**Libby Jennison** is an herbalist, doula and yoga teacher. She continues her herbal studies with Emily Ruff at The Florida School of Holistic Living in Orlando, Fla. Jennison conducts herbal workshops at Ananda Kula every other month. She works with clients on their specific health issues and develops programs to assist them in achieving their health and wellness goals. She seeks to make plants your allies and enable you to harness their healing qualities on your journey to health and wellness.

**Nurturing Your Mind, Body and Spirit, p. 27**

**Bill Jones** is a retired NASA research scientist with degrees from Pasadena City College and Stanford University: He holds degrees in engineering physics, physics, aerospace sciences and mathematics. His research focus was in plasma physics, magneto hydrodynamics, boundary layer flow, radiative transfer, computer simulation of nonlinear plasma waves, fast Poisson solvers and Earth's bow plasma shock wave prediction, algorithm development for parallel supercomputer (ILLIAC IV 64p), computer networking and inter-platform data conversion utilities. He created NASA's Science Internet Project linking all NASA facilities, and built the first international internet gateway using high-speed packet switching. His scientific work led to the connection of all federal networks and commercial fiber networks using the Space Act. His current interests are in quantum physics and uncertainty, quantum computing after Feynman and unsettled issues in science and theology, dark matter and dark energy. He is active as a teacher and tutor.

**Physics of Creation and the Anthropic Principles, p. 15**

**Quantum Computing, p. 26**

**Mary Beth Koechlin** retired from the Financial Management Service, U.S. Department of Treasury in 2001. She was an AmeriCorps volunteer in Duval County for three years. In the 1960s and 70s, she worked in non-profit and community organizations. She is a lifelong learner through her travel, friendship, reading, classwork, research and observation. Koechlin is a long time OLLI member who enjoys supporting the ED-ventures team. She is grateful to OLLI for providing the educational resources that enrich daily living and motivates her continued participation.

**ED-venture: Historic Walking Tour of Evergreen and Old City Cemeteries, p. 27**

**Dan Kossoff** has written, produced and directed thousands of television programs, films, commercials and special events throughout his 50 years in public broadcasting and corporate communications. He was an on-air film critic, produced the Jacksonville Jazz Festival, hosted public affairs programs and served as a marketing director. Folk music remains his passion. As a teenager, he played with several folk groups and toured the Midwest. Throughout his college years at the University of Minnesota, he had regular gigs in well-known coffee houses such as The Padded Cell and Le Zoo. His public radio show, "String Along," aired for many years on WJCT-FM. He enjoys group singing, sharing his collection of vintage recordings and exchanging stories of the folk era.

**Folk Music: History and Hootenanny, p. 15**

**Janet Kuchler** writes as Janet Cooper. Her four romance novels are currently available via Amazon Kindle. They are two historical romances "Loving My Enemy" and "Independence," a time-travel romance "Another Chance" and a mystery romance "Secrets in the Low Country." When she was a child, Janet's sisters told her she didn't know truth from fiction - a very good beginning for a fiction writer.

**So You Want to Write Fiction, p. 25**

**Bill Laird** is a financial adviser for Dixon Hughes Goodman's Jacksonville office. He is one of only 1,300 individuals nationwide to hold both the Certified Financial Planner and Chartered Financial Analyst certifications and has 14 years of experience in the wealth management industry. Laird's specialty is assisting clients through major life transition events such as retirement, divorce, death and long-term care decisions. He dedicates significant time to the community through Rotary International, Clay County Senior Advocacy and Second Harvest Food Bank. He was recently honored as one of Jacksonville's "Top 40 Under 40" by the Jacksonville Business Journal. Laird is married with two children and is the primary decision maker and caregiver for both his father and uncle, who suffer from dementia.

**Successful Life Transitions, p. 11**

**Mary Longanbach** has been a Florida master gardener for six years and a former West Virginia master gardener for five years. She worked in the greenhouse at West Virginia University and is presently a member of the Master Gardener's Speaker's Bureau giving talks at various libraries around the city, to garden circles and various clubs. She is also a master gardener volunteer at the Duval County Extension Demonstration Gardens in Mandarin.

**Seasonal Gardening in Florida, p. 11**

**Bill Longenecker** is a long-time beach resident who established the first surf report at the beaches. Longenecker maintains a column in "Shorelines" that promotes the best about life at the beaches. He is a local biker, teacher and keen observer who will help you to better appreciate the sand underfoot at our beautiful beaches.

**Our Beaches: Retired Mountains, p. 26**

**Kathy Marquis** is an Army brat who grew up all over the world. She married a Navy pilot and got to see even more. As a result, she developed a love of history and other cultures. Kathy and her husband moved to the heart of downtown St. Augustine in 2000. Living in the oldest city in the U.S. is a perfect fit. She looks forward to sharing with you some interesting sites in the city. Kathy is a graduate of FSU and UNF and had a career in teaching, most recently at the Florida School for the Deaf and Blind, St. Augustine.

**ED-venture: On Freedom's Trail: A Civil Rights History Tour of St. Augustine, p. 25**

**Melissa Marro** is one of the top home staging industry professionals. She is one of the most requested speakers and has given the keynote address at the Real Estate Staging Association (RESA) annual convention three times. Melissa is a featured educator at national staging expos and regional vice president for RESA. She is known for engaging her audience in a no-nonsense fashion. Offering years of hands-on experience, Melissa has helped shape the industry and develop best business practices.

**Preparing Your Home For Sale: A Guide to Home Staging, p. 21**

**Jay Marshall** retired from a management career with Fortune 100 companies including Exxon-Mobil, Nestle and Revlon. He also served as CEO of smaller international trading companies. Marshall earned an M.B.A. in economics from Columbia University, and holds a B.A. in engineering and business administration from the City College of New York. An OLLI instructor on a variety of topics since 2007, his ongoing interest in international trade and globalization continues to provide material for his courses.

**The 21st Century: Like No Other, p. 18**

**Lee Marshall** is an OLLI instructor whose courses focus on contemporary women's issues. Marshall retired after more than 20 years as an area director for several national health agencies in New York and, most recently, as a founding partner and principal of Non-Profit Planning Associates, a consulting firm specializing in strategic planning and leadership training. She holds a B.A. in social sciences from Mercy College in Dobbs Ferry, N.Y. and she completed her graduate studies in psychology and English at Manhattanville College in Purchase, N.Y.

**All the President's Wives, p. 19**

**Bill McCombes** is president of AHOY Cruises and Tours, LLC, a travel agency that focuses on cruises and all-inclusive tours. He has extensive experience in marketing, management and leadership in corporations and non-profits. McCombes received an M.B.A. from the University of West Florida.

**Adventures in Travel, Part I, p. 15**

**Adventures in Travel, Part II, p. 17**

**Janet Willner Myers** enjoyed a 40-year career in elementary education. Throughout those years, she was an assistant principal and taught grades three through six, Spanish and classes for the gifted. Janet holds a B.A. in American history from the University of California at Berkeley and both an M.A. and Ed.D. in educational leadership from UNF.

**Children's Literature for Grandparents, p. 22**

**Kenneth McMillan** was a professor in the University of North Florida's Department of Art and Design where, for 30 years, he taught Aesthetics, Art of the 20th Century, Art Since 1940, Ceramics/Sculpture and 3D Design. He is a former chairperson of that department. Although teaching full time, he was able to travel

extensively, and these experiences add a passion to his teaching. As a retiree, he is now producing art, researching and serving as a volunteer teacher for the St. John's Cultural Council and the O.U.R. Communities in Schools Program of St. Johns County.

**The Movies: What Do Directors Do?, p. 16**

**Dennis Navin** retired in 2006, after running a business in upstate New York. While in New York, Dennis was on the board of directors of the Ingersoll Home, an assisted living facility. After retiring, he moved to Tucson, Ariz. where he volunteered at Habitat for Humanity and Tucson Medical Center. Dennis believes in giving back to his community, and is becoming more involved with UNF OLLI.

**ED-venture: Lift Off: The Kennedy Space Center, p. 25**

**Carol D. O'Dell** is an author, inspirational speaker and artist. O'Dell is the founder and director of Les Chats Noir writers' circles. She is also a professional blogger and around the town chalkboard artist.

**Doodle Bug! Doodling for Creativity and Joy, p. 26**

**William O'Malley** is a retired Chicago Circuit Court judge, a former defense attorney and Chicago police officer. He holds a degree from Loyola University of Chicago and has his J.D. from Chicago Kent College.

**A View of the Criminal Justice System, p. 23**

**Joe O'Shields** is a practicing lawyer in Jacksonville. He has a lifelong love of history and earned degrees in that discipline from the University of South Carolina (B.A.) and from UNF (M.A.). He is an active communicant at St. John's Episcopal Cathedral, has mentored an Education for Ministry class for 12 years and practices as a spiritual director. He enjoys riding his bicycle, practicing yoga and being a grandfather.

**Ben Franklin: A Self Made American, p. 12**

**Merrill Jay Palmer** retired in 2006 after 31 years as the director of Choral Activities at the University of North Florida. In addition to his choral responsibilities at UNF, he also taught classes in conducting, music history, theory, voice and humanities. He chaired the Department of Fine Arts from 1981 to 1984. Palmer also served a director of Adult Music at Palms Presbyterian Church in Jacksonville Beach, Fla., for more than 27 years, retiring from that position in 2003. He was an adjudicator, clinician and guest conductor for FMEA, Six Flags, Inc. in Georgia and Texas, the Florida Conference of the United Methodist Church and the New York State School Music Association. He led UNF choirs that toured Europe and sang in Notre Dame Cathedral, Paris, St. Thomas and St. Nicolai churches in Leipzig, Santa Maria Novella, Florence and Martinu Hall in the Academy of Performing Arts in Prague among many others. The UNF choirs he led performed in Charleston, Atlanta, Savannah, Palm Coast, Orlando, Tampa and numerous Jacksonville venues.

**The Great Age of Vienna: Haydn, Gluck and Mozart, p. 13**

**Larry Pasquale** is a former American and Canadian football coach who spent 39 years coaching football with multiple teams in the NFL, CFL and several colleges and high schools. Regarded as one of the most respected special teams coaches in the NFL, he earned Special Teams Coach of the Year Honors. After retiring from coaching, Pasquale enjoyed an eight-year career as a television and radio sports broadcaster. He was an analyst for the New York Jets and the YES Network, including a weekly "Coach's Class" video segment and the Jets and Giants game plans column on YESNetwork.com.

**Football Strategy, p. 20**

**Bill Prince** has maintained two musical career paths, one as a performer and the other as a teacher. He has performed with many musical giants including Buddy Rich, Dave Brubeck, Dizzy Gillespie, Henry Mancini, Tony Bennett, Arturo Sandoval and Ella Fitzgerald, as well as with a number of symphony orchestras. Bill has taught at five universities in three countries and has lectured on more than 70 campuses. One of Bill's most unique talents is his ability to perform professionally on several instruments including trumpet, flugelhorn, trombone, flute, clarinet, saxophone, piano and bass. He produced his own CD, "Happy Thoughts," for which he composed, arranged and performed all parts.

**What is Jazz?, p. 17**

**Classical Music and All That Jazz, p. 18**

**Musical Failures and Mishaps, p. 18**

**Lynne Radcliffe** is a musical educator, performer and composer. She currently serves as director of music at St. Paul's by-the-Sea Episcopal Church in Jacksonville Beach, as well as program coordinator and teacher at First Coast Community Music School. She serves on the boards of the Beaches Fine Arts Series and BRASS. Radcliff is a regular contributor to "Encore!," the magazine of the Jacksonville Symphony Orchestra, as well as a former host of "WJCT Presents the JSO." She received a bachelor's degree in music for piano performance from Memphis State University and undertook graduate studies in musicology at the University of Memphis.

**Master the Masters: The Adventures with a Symphonic Detective, p. 10**

**Tara Rawson** is the owner of Ananda Kula, a wellness studio in Riverside. For the past 15 years, she has studied yoga, meditation, Ayurveda (the ancient Hindu art of medicine and of prolonging life) and philosophy in the U.S. and India. She is the creator of North Florida Yoga Fest, trains wellness teachers and leads international yoga retreats.

**Nurturing Your Mind, Body and Spirit, p. 27**

**Shirley Leckie Reed** is professor emerita from the University of Central Florida. Reed taught women's history graduate and undergraduate courses for more than 20 years. She enjoys leading OLLI class discussions because she learns from perspectives, knowledge and experiences contributed by students.

**A Call to Action: Women, Religion, Violence and Power, p. 23**

**John Reeve** retired from the advertising and publishing industry. A Silver Life Master with more than 1,600 Master Points, John frequently competes in regional and national bridge tournaments.

**Beginning Bridge I, p. 14**

**Beginning Bridge II, p. 14**

**Tom Rockerton** is retired from IBM and worked for the RAND Corporation on projects involving technology and Homeland Security with army generals, FBI and CIA agents. Rockerton's professional experiences and aspects of his career including extensive travel are woven into the themes and plots in his books.

**Writing Thrillers: An Author's Perspective, p. 24**

**Glenn Ross** has been an OLLI member for four years and now teaches in the program. He is president of AllEnergy LLC, a company he started in 2004. As a technical consulting firm, the primary focus of AllEnergy is dispute resolution, mediation, contract interpretation and renegotiation for energy companies. Glenn has worked with clients throughout North America, the United Kingdom, Japan and Europe. He has a B.S. in electrical engineering and an M.B.A.

**Intermediate Woodcarving, p. 14**

**Beginning Woodcarving, p. 14**

**Alan F. Rost** has been part of the zoo world since 1979 and has been an Association of Zoos and Aquariums Professional Fellow since 1988. Rost arrived at the Jacksonville Zoo and Gardens in early 1989.

**21st Century Zoos and the Jacksonville Zoo and Gardens, p. 25**

**Cynthia Rylant** is president of UNF OLLI. She worked in the field of education for 40 years as a high school media specialist and technology trainer. Upon retirement in 2009, Cyndy sought lifelong learning opportunities, found UNF OLLI Florida and became a member of the book club. Since then she has taken more than 100 classes and served in various volunteer capacities including special events coordinator, recording secretary and Member Relations team leader.

**OLLI 101: Learn How Your OLLI Works, p. 18**

**Edward Sachs** is a recently retired internist with more than 30 years in private practice. Sachs is certified through the American Board of Internal Medicine, and is a graduate of the Ohio State University College of Medicine. He served as clinical professor of medicine and chairman of the Department of Medicine.

**Prescription for Health: Learn What's New in Preventive Medicine, p. 18**

**Margret Sander** is retired from Florida State College Jacksonville where she taught English as a second language, German, German humanities and the foundations of Western civilization. She was educated in Germany, England and the U.S. and holds degrees in German studies and English. She loves literature and languages.

**Glimpses into German History, Literature and Culture: The Beginnings, p. 15**

**Ralph Sawyer** has facilitated or taught more than 30 courses since the inception of UNF OLLI. He is a retired Navy ophthalmologist and was chairman and residency director of the training program at the National Naval Medical Center for 15 years. He has lectured nationally at a number of ophthalmology organizations for 20 years. He has been interested in economics since college and has taught "Poverty in America" and "The Economic Crisis of 2008" in the past several years.

**Can We Talk Politics and Religion?, p. 21**

**Bob Schiffner** holds a B.S. in engineering from Penn State and an M.S. in geophysics from the United States Naval Postgraduate School with a dual major in meteorology and oceanography. He retired as an aviator on several aircraft carriers after 20 years in the U.S. Navy. After retirement, Schiffner worked 25 years for Price Waterhouse Coopers and other major management companies in the data processing arena. During his last six years of employment, he traveled the world as the computer games system manager for the International Special Olympics competitions. Since retirement, he has taught at several community colleges and is currently on the staff at Embry Riddle Aeronautical University and at St. Johns River State College.

**IT IS Going to Rain Today, But WHY? p. 11**

**Tom Schmidt** is a retired railroad executive. He holds an M.A. in history from the University of North Florida, and has taught American history as an adjunct professor at both UNF and Florida State College at Jacksonville.

**The Kennedy Administration, p. 20**

**Sharon Scholl** is professor emerita from Jacksonville University. She is the author of two scholarly books and four books of poetry. Scholl is currently a choral director, keyboard musician and adventurer in world cultures.

**Poetry Workshop, p. 12**

**OLLI Joyful Voices, p. 26**

**Jerry Seebol** is a financial adviser and has been in the financial industry for 24 years. He is a Certified Financial Planner and currently manages a large book of clients, where he focuses on retirement planning. He enjoys hosting educational seminars and community classes.

**Municipal Bonds: A Foundation of Quality, p. 27**

**Jay Sherline** has loved photography most of his life. Handed a small Brownie camera as a young boy, he was hooked! Jay, a retired pharmacist, travels with his cameras always at the ready. His goal, in this new digital age, is for you to be comfortable with and enjoy using your camera.

**Tips and Trips with Your Digital Camera, p. 16**

**Carmen Simich-Dudgeon** received a Ph.D. in linguistics from Georgetown University. She retired from Indiana University where she taught applied linguistics courses, including current methodology for teaching languages.

**Basic Conversational Spanish for Travelers, p. 23**

**Fred Skinner** is a longtime UNF OLLI student who retired as a corporate planner from Pittsburgh Natural Gas Utility. He earned his B.S. in electrical engineering and an M.S. in information science. He has continued his education by taking more than 100 courses, many in history, from the Teaching Company.

**Battle of the North Atlantic, p. 24**

**Sally Steinauer** is a Florida Master Naturalist. She has been a member of the Florida Native Plant Society for eight years and is treasurer of the local chapter of the Florida Native Plant Society. She is a co-leader of the city's native plant park restoration committee. Sally received the Riverside Avondale Preservation/Riverkeeper award for Outstanding River-Friendly Yard in 2013. She is also a proud UNF alumna.

**Landscaping Your Yard for the Flying Flowers and Melodies: Attracting Butterflies and Birds, p. 16**

**ED-venture: Explore Avondale's Native Park, p. 17**

**Joseph Steinman** is originally from Philadelphia, Pa. and holds a B.S. and M.S. in chemical engineering, and an M.B.A. and doctorate in finance. Early in his career, he worked in research for NASA on the space shuttle. Later he spent 19 years in private industry in various financial and general management positions in the United States, Europe and east Africa. He served on the finance faculty of a university in Switzerland for 12 years and UNF for seven years. He has consulted for management throughout the world.

**Important Economic Issues Facing the U.S. Today, p. 25**

**Ken Tannenbaum** has been on the business side of health care as a consultant and as a health care and health insurance executive for nearly 40 years, after having practiced pediatric dentistry in a former life. His diverse career has included managing hospitals, medical practices and insurance plans, was deputy insurance commissioner in Michigan, served as a hearing officer for Medicare rate increases and more. Since moving to Jacksonville in 2011, he has been involved in a number of senior citizen-related issues.

**Understanding Our US Health Care System: How It Works and Doesn't**, p. 17

**Darly Thoppil** is an occupational therapist and is the owner and president of Revive Rehab, Inc. She is extremely passionate about her work in the field of therapy. With more than 19 years of experience, she has worked in a variety of settings including inpatient, outpatient, school systems, assisted living facilities and skilled nursing facilities. Her major focus has been in neurological rehabilitation and pain management. She completed her Neuro-Developmental Treatment (NDT) training in 1998 at Loma Linda University, California, from Waleed Al-Oboudi and also completed her Myofascial Release (MFR) training with John F. Barnes, author and authority on Myofascial Release. Darly believes that MFR is one of the best non-invasive techniques used for pain management in the healthcare field today.

**Managing Chronic Pain**, p. 22

**Mireille "Mimi" Smith Threlkel** was born and raised in French-speaking Switzerland. She earned a B.A. in political science and an M.B.A. at UNF. Her international marketing career was in Switzerland, where she worked for a number of multinational companies. Mimi has traveled extensively, strengthening her intense interest in expanding multicultural communications and understanding.

**French Conversation I**, p. 22

**French Conversation II**, p. 23

**French Conversation III**, p. 24

**Charlene Vincent** holds an advanced master's degree in theology from Boston University and a master's of theological studies from Episcopal Divinity School. She has written two theses: "Giving Voice to Spirituality through Narrative" and "Pilgrimage and Divinity." **Writing Your Spiritual Autobiography**, p. 19

**Gene Waering** is immediate past-president of the Jacksonville Rose Society. He is a longtime rose hobbyist who concentrates on growing rare and unusual roses from all over the world that are well suited to North Florida gardens. He is co-editor of "The Sustainable Rose Garden" and "Old Rose Survivors - Wild and Untamed."

**The Fragrant Garden in North Florida**, p. 17

**Ed Waller** is a graduate of the U.S. Naval Academy and a career Navy pilot. After retiring in 1999, Ed became a financial adviser. Several years ago, Ed awoke to a major medical event. After a miraculous recovery, he decided that his wife would have been unprepared to handle the household responsibilities if he had died. Ed had seen it many times in his practice: A client lost a spouse or parent only to realize they had no idea where to start looking for the will, what day the electric bill came due or how to access bank accounts and insurance policies. As soon as he recovered, Ed created "My List for Life" to ensure his family and clients would never have to deal with that kind of scenario. Now available to you and your loved ones, this investment can save time and money today and make all the difference when it is needed most.

**My List for Life**, p. 22

**Linda Ward** graduated from Wake Forest University with a B.A. in French and a love of travel. She lived in Asia and in Europe for 15 years where she enjoyed learning about each different city and country. Linda has lived in Jacksonville for the last nine years. She was an accounting specialist at Merrill Lynch prior to retiring. She continues to enjoy world travel and exploring Jacksonville and the surrounding area.

**ED-venture: Amelia Island History and Trolley Tour**, p. 24

**ED-venture: The Mystery of Fort Caroline**, p. 16

**Charles Watson** is a retired middle school teacher, professor and teacher educator. Throughout his professional career, Watson was involved in school improvement, curriculum alignment and integration, educational reform and improvement, parent involvement in schools, rural education and school leadership.

**My Kids Are Grown - Why Worry about Public Education?**, p. 10

**Darcy Webb** is a retired educator with a lifelong interest in natural wellness. She enjoys tea blending and growing herbs for local farmers markets. She is also a holistic skin care specialist at Ananda Kula.

**Nurturing Your Mind, Body and Spirit**, p. 27

**Stephanie Weiss**, public services librarian at UNF's Thomas G. Carpenter Library, worked for more than five years in the field of education and training before serving as a librarian, first for the Jacksonville Public Library System and then at UNF. Stephanie earned a B.A. in Spanish from Flagler College and an M.S. in library and information studies from Florida State University.

**Improve Your Internet Search Skills**, p. 21

**June Weltman** is a lifelong mystery fan. A former newspaper reporter and a freelance writer and editor, she is the author of "Mystery of the Missing Candlestick," a mystery for ages 9-13 that won a special award from the Florida Historical Society. June teaches adult education classes in writing mysteries for children and teens. She's won awards for her mystery reviews that appear in the Florida Times-Union.

*Mysteries Unlimited: International*, p. 20

**Gary Whiting** is a freelance photographer and former Fortune 500 marketing executive. After many years in a corporate career, he has gone independent to pursue his vision. A dedicated film photographer since age 12 and now a complete digital convert, his goal is to create uncommon images of nature, landscapes, architecture and machinery. He loves to experiment with different subjects and techniques to create unique works of art. Gary has a B.S.B.A. in marketing and is a lifelong sailor. He is a UF/IFAS Coastal Systems Naturalist. He pursues his interests in photography while cruising Florida waters with his wife and two dogs, and also works part-time at Wild Birds Unlimited. Camera gear always in tow, you never know what he'll see next!

*Creative Landscape Photography: Get More From Your Camera!*, p. 13

**Buzz Williams** (a.k.a. Captain Buzzard) earned a B.S. in civil engineering and an M.B.A. after serving in the USCG. He retired from Otis Elevator Company in 2008 after 32 years in various sales and management positions. He completed the US Coast Guard's Captain Course in 2009 and started a fishing charter business focused on inshore saltwater species in the Jacksonville area. Always an avid angler, Buzz has traveled extensively to many elite fishing locations in North and South American during the past 30 years, which has provided both broad experience and many outstanding memories that he enjoys sharing with others.

*Catch More Fish - An Insider's Guide to Our Waters*, p. 15

**Mike Zeman** and **Paula Zeman**, are a husband and wife team who put their passion for landscaping to work by creating "Yard Transformers" three years ago. They are committed to transforming yards from blah to beautiful, one home at a time. Paula has 30 years of construction experience working for firms building custom homes with outdoor living spaces.

*Florida Friendly Landscaping*, p. 27

---

## Your OLLI Team Members

### LEADERSHIP COUNCIL

**Cynthia Rylant**  
**President**  
unfollipresident@gmail.com

**Nancy Lundgren**  
**President-Elect**

**Margot Geitz**  
**Recording Secretary**

**Dennis Sullivan**  
**Immediate Past President**

**Judy James**  
**Team Leader, Curriculum**

**Linda Ward**  
**Team Leader, ED-ventures**

**Helene Kirkpatrick**  
**Team Leader, Member Relations**

### AT-LARGE MEMBERS

Dorothy Dobbs    Valerie Rubin  
Hilda Federico    Sharon Scholl  
John Fischer      Jim Selzer  
Janet Myers

### PARTNER RESIDENT MEMBERS

Jim Carpenter – Glenmoor  
Dean Veremakis – Fleet Landing

### PARTNER REPRESENTATIVES

Briana Bledsoe – Fleet Landing  
Mindy Gooden – Glenmoor  
Janice Richardson – Vicar's Landing  
Dinah Ammerman – Westminster Woods

### SUPPORT TEAM:

**Robert Wood, Dean**  
UNF Division of Continuing Education

**Tim Giles, Director**  
UNF Division of Continuing Education

**Jeanette Toohey, Director**  
Osher Lifelong Learning Institute

**Clara May, Program Assistant**  
Osher Lifelong Learning Institute

### THIS CATALOG IS BROUGHT TO YOU BY:

**The Curriculum and  
ED-ventures Teams**



## Enrollment is easy!

Simply complete the form and return it to the UNF Division of Continuing Education.

### Mail

OLLI, UNF Continuing Education  
12000 Alumni Drive  
Jacksonville, FL 32224

### Call

Customer Care at (904) 620-4200

### Fax

(904) 620-4244

### Visit

The OLLI Office  
Adam W. Herbert University Center  
(Building 43, Room 2110)

### E-mail

Clara May at clara.may@unf.edu

### Online

[www.unfolli.com](http://www.unfolli.com)

# Enrollment Form (Please print)

## PERSONAL INFORMATION:

Dr./Mr./Mrs./Ms. First name: \_\_\_\_\_ MI: \_\_\_\_\_

Last name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Day (\_\_\_\_) \_\_\_\_\_ Evening (\_\_\_\_) \_\_\_\_\_

E-mail address: \_\_\_\_\_

Year of birth (for grant reporting): \_\_\_\_\_

ANNUAL MEMBERSHIP(S): \_\_\_\_\_ at \$50 each = \$ \_\_\_\_\_

## COURSE ENROLLMENT:

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

Course name: \_\_\_\_\_ \$ \_\_\_\_\_

TOTAL AMOUNT DUE: \_\_\_\_\_ \$ \_\_\_\_\_

## METHOD OF PAYMENT:

Check enclosed  Visa  MasterCard  American Express

Credit card #: \_\_\_\_\_

Exp. date: \_\_\_\_\_ CC security code: \_\_\_\_\_

Cardholder name: \_\_\_\_\_

Cardholder signature: \_\_\_\_\_

## CANCELLATION AND REFUND POLICY:

Enrollment, cancellation and refund policy: Classes are a benefit of membership. Enrollees must be members in good standing prior to the start date of the first class and through the end of the session. Full payment is required prior to the first class. Payment of outstanding balance(s) is required prior to class enrollment. You will receive a 100 percent credit or refund if you withdraw and the OLLI office is notified in writing no later than five (5) business days after the first class meeting. ED-ventures are non-refundable.

Osher Lifelong Learning Institute (OLLI)  
University of North Florida  
12000 Alumni Drive  
Jacksonville, FL 32224-2678  
(904) 620-4200

Non-Profit  
Organization  
U.S. Postage  
PAID  
Jacksonville, FL  
Permit No. 1308



**NEW OLLI**  
2014 Fall Catalog  
Look inside now!

# FOR THOSE 50 AND BETTER!

## MORE THAN 70 NEW PROGRAMS!

NEW FALL 2014 Catalog

- **FREE – OLLI EXPO p. 3**
- **FREE for OLLI members – OLLI 101:  
Learn How Your OLLI Works p. 18**
- **Live it up in the BIG EASY!  
Details on p. 28**
- **Much more!**



Enroll now!  
Online at [www.unfolli.com](http://www.unfolli.com)  
or call (904) 620-4200

